

# IMPORTANT!!!

## Taking care of your Soundbeam 5 Sensors

**Storage....** If the sensors need to be packed away, leads should be LOOSELY coiled, tightly coiling the cables may result in the sensors working intermittently and eventually failing.



## Taking care of your Soundbeam 5 Wireless Switches

**Batteries....** Replacing the 3xAA batteries. (always use high quality batteries)





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*Soundbeam – brainchild of composer Edward Williams – was first introduced at the Frankfurt International Music Fair in 1988. Over twenty five years later, and with approaching 5000 enthusiastic user organisations worldwide, we are proud to announce the arrival of the latest version of the technology: SOUNDBEAM 5 – a fully integrated Soundbeam-plus-synthesiser with many exciting new features.*

*Whatever your interest – education, therapy or just (just!) music making – Soundbeam offers a fabulous way of exploring sound and music which enables and empowers people at all levels of ability to express themselves creatively and to play together as musical equals.*

## **1. CONTACT AND TECHNICAL SUPPORT DETAILS**

The Soundbeam Project

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For technical support and other information including details of training courses and workshops please phone:

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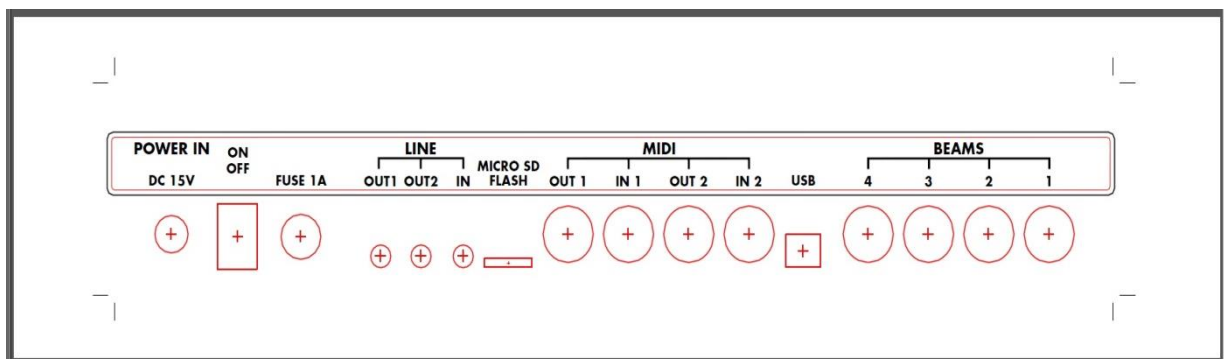
## 2. ASSEMBLY

You should have:

- Soundbeam 5
- 1-4 beam sensors with holders and stands
- speakers
- speaker cables
- power supply unit
- 1 - 8 wireless switches (see appendix 5)
- microphone

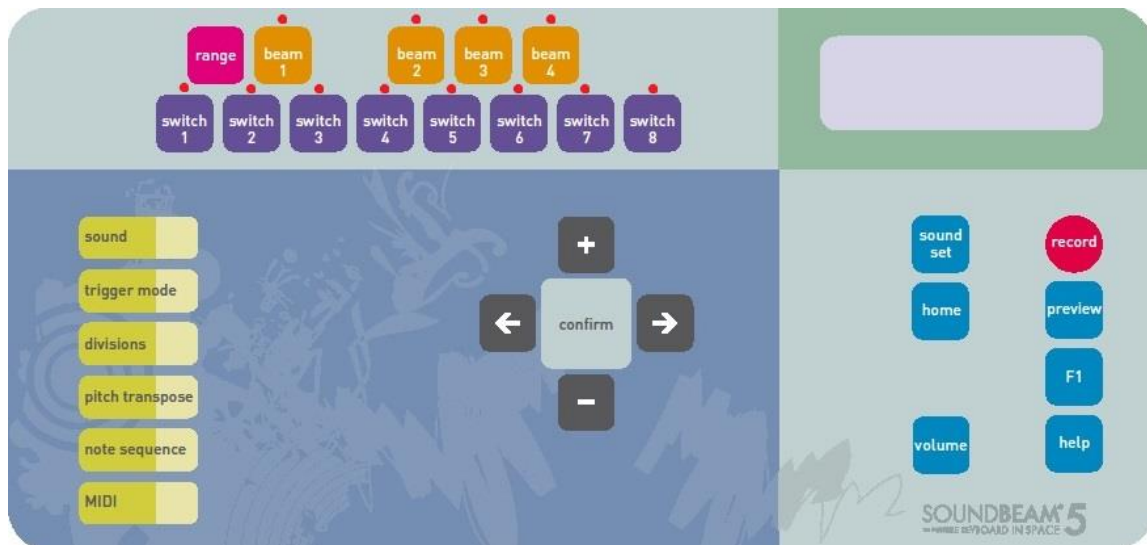
1. Assemble the boom stand(s) supplied and screw on the sensor holder clips. Fit the sensor(s) to the clip(s).
2. Connect the sensor(s) to the beam output socket(s) on the rear panel of the Soundbeam (if you have one beam, use output 1; two beams, use outputs 1 and 2, etc.)

View of rear panel



3. Connect your speakers to the 'line out 1' socket on the rear panel of the Soundbeam.
4. Connect the power supply unit to the Soundbeam and plug into the room's electricity supply use the **on/off** switch at the back of the Soundbeam unit.
5. The wireless switches are battery powered and will need to be turned on using their **on/off** switch and then tap the coloured panel once to activate. The switch will power down after 15 minutes of non-use to preserve battery life. Tap once to reactivate if you want to keep playing.

### 3. NAVIGATION BUTTONS



Each button on the control panel has a special function. The feature that you are most likely to want to change, with its currently selected setting, will appear on the display screen when the button is pressed. This value can be changed by using the **+** or **-** buttons. Successive *short clicks* on the **+** or **-** buttons allows for more detailed ‘fine tuning’ up and down; *holding* the **+** or **-** button down allows for fast scrolling.

The **←** and **→** buttons are used to navigate through the sub-menus available for each function.



***It is critical that the functions of the **+**, **-**, **←** and **→** buttons is understood!***

## 4. HOW TO PLAY THE BEAM

With a little practice – and with a lot of people it just comes naturally – it's easy to play the beam in a musically interesting and satisfying way, as long as you follow these seven simple rules:

1. **Remember that no sound will be triggered by movements within 23 cm (9 inches) or so of the beam, directly in front of the sensor.** This portion of the beam is used as the 'chord clear' area when the beam is in a sustain trigger mode (see 'trigger modes'). Get a feel for where the sound starts and then move steadily away in a straight line until you reach the end of the beam, so that you have a sense of where the notes are along the beam's path and you can comfortably play the full range of pitch (low to high) available.
2. **Remember that the beam is quite directional,** like a torch beam. It does fan out in a narrow cone shape the further away you get, but if you picture it as a straight line coming directly out of the sensor (like a light sabre in *Star Wars*) this will help you to play it effectively.
3. **Understand the different trigger modes.** In 'multi' you can stay in the beam and play notes continuously by moving towards and away from the sensor. If one of the 'sustain' trigger modes is used, breaking the beam in the 'chord clear' area (see above) will stop the sound. If one of the 'single' or 'cyclic' trigger modes is used, you need to enter and exit the beam by moving across rather than along its path.



4. **Think like a musician!** Don't play all the time; use silence, stop and start, listen to other players if it's a group activity, or listen and try to play along to the pulse of the backing (if using an accompanying rhythm track). Try playing fast, slow, holding notes, 'trilling', or moving out of the beam and re-entering at a different point. If you simply move back and forth in a mechanical way the music will sound repetitive and boring.
  
5. **Melody Soundsets (19-27) using 'cyclic' trigger are harder to play** and may not be suitable as entry-level activities.
  
6. **Start off using just one beam.**
  
7. **Enjoy it!**



## 5. SOUNDSETS

A soundset is a global function: a collection of musical instructions – combinations of different instrumental sounds, musical scales, melodies and harmonies, playing styles (see section on ‘trigger modes’), rhythm loops and other settings.

Your Soundbeam’s memory can accommodate 128 soundsets. 32 of these are pre-composed into the machine. Nearly all of these include different parts for four beams and eight switches.

Soundbeam starts to get *really* interesting when you move beyond the 32 built-in soundsets and start composing and arranging your own music using the more advanced functions available on Soundbeam. These allow you to experiment with the essential building blocks of music: timbre (sound), pitch, melody, harmony and so forth, as well as exploring the sampling (record) function in order to assemble your own original pieces and sonic environments.

However, these 32 soundsets should give you plenty to get along with as you familiarise yourself with Soundbeam.

To select a soundset press the **soundset** button, then the  or  button. Whilst navigating through the soundsets in this way you can audition the one currently displayed on the screen by pressing the **preview** button to hear how it might sound. Once the desired soundset is displayed on the screen, press the **confirm** button to load it.

(**Note:** if the previously loaded soundset has been modified, the display screen will prompt you to save your changes before loading the new soundset with successive presses of the **confirm** button. If you are happy to discard the changes you made to the soundset you were using before, press the **home** button to bypass this saving routine and load in the new soundset).

***We suggest you start with the improvisations and the themes as these allow for complete expressive freedom; unlike the tunes there is no right or wrong way to play them.***

***Press the **preview** button whilst scrolling through the soundsets (before pressing **confirm** to load) if you want to get a sense of the material before attempting to play it.***

## **Soundbeam 5 soundsets**

### **Improvisations**

1. Oh Yeah!
2. April Blues
3. Trench Town
4. Club Time
5. Pop Rocket
6. Cool Street
7. Sleuth
8. Tintern
9. Buena Bristol
10. Arabian Nights
11. Windy Isles
12. Himalaya
13. Drums
14. Shanghai
15. Whole Tone Scales
16. Funky House
17. Noyzee
18. Step Up

## Tunes

19. Morning
20. Rainbow
21. Frère Jacques
22. Old MacDonald
23. Twinkle Twinkle
24. Greensleeves
25. Air on a G String
26. Summer Jazz
27. Christmas

## Themes

(**Note:** with all soundsets which utilise samples – and all of the following themed soundsets do – Soundbeam will only allow two samples to be played simultaneously. This prevents the piece from getting too busy and confusing, and also encourages players to listen, take turns and possibly to sequence sounds correctly alongside a narrative structure such as a poem or story. The ‘Haunted House’ soundset contains material that some may find frightening or offensive.

28. Space
29. English Fields
30. Haunted House
31. Comedy
32. Machines

# Improvisations

## 1. OH YEAH!

In common with many of the other musical soundsets, the backing track is assigned to **switch 1**. *This only needs to be pressed once (and again at the end). Repetitive start/stop with switch 1 backing loops will not work satisfactorily musically, and if you use key changes (see p.39) the loop will play back at the wrong speed.*

	Sound	Trigger Mode
<b>Beam 1</b>	Lead 6 (voice)	Multi
<b>Beam 2</b>	Pad 5 (bowed)	Multi
<b>Beam 3</b>	Acoustic Bass	Multi
<b>Beam 4</b>	Pad 1 (fantasia)	Multi
<b>Switch 1</b>	Sample – BTDISCO	Latching on/off
<b>Switch 2</b>	Vibraphone	Cyclic single
<b>Switch 3</b>	Vibraphone	Cyclic single
<b>Switch 4</b>	Sample - OHYEAH	On/off
<b>Switch 5</b>	Pad 1 (fantasia)	Cyclic single
<b>Switch 6</b>	Clap	On/off
<b>Switch 7</b>	Conga	On/off
<b>Switch 8</b>	Conga	On/off

## 2. APRIL BLUES

	Sound	Trigger Mode
<b>Beam 1</b>	Harmonica	Multi
<b>Beam 2</b>	Flute	Multi
<b>Beam 3</b>	Vibraphone	Sustain – single
<b>Beam 4</b>	Piano	Multi
<b>Switch 1</b>	Sample – BTApril	Latching on/off
<b>Switch 2</b>	Bass drum	On/off
<b>Switch 3</b>	Snare	On/off
<b>Switch 4</b>	Ride Cymbal	On/off
<b>Switch 5</b>	Vibraslap	On/off
<b>Switch 6</b>	High Bongo	On/off
<b>Switch 7</b>	Ride Cymbal	On/off
<b>Switch 8</b>	Chinese Cymbal	On/off

### 3. TRENCH TOWN

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Accordion	Multi clipped
<b>Beam 2</b>	Electric piano	Multi clipped
<b>Beam 3</b>	Agogo	Single
<b>Beam 4</b>	Synth bass 1	Single
<b>Switch 1</b>	Sample – Regnokey	Latching on/off
<b>Switch 2</b>	Percussive organ	On/off
<b>Switch 3</b>	Percussive organ	On/off
<b>Switch 4</b>	Percussive organ	On/off
<b>Switch 5</b>	Percussive organ	On/off
<b>Switch 6</b>	Percussion	Cyclic dbl clipped
<b>Switch 7</b>	Percussion	On/off
<b>Switch 8</b>	Percussion	On/off

### 4. CLUB TIME

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Lead 2 (sawtooth)	Multi clipped
<b>Beam 2</b>	String ensemble 2	Cyclic sustain
<b>Beam 3</b>	Synth brass 1	Multi
<b>Beam 4</b>	Oboe	Multi
<b>Switch 1</b>	Sample – 120EGFD2	Latching on/off
<b>Switch 2</b>	Sample – AHH	Cyclic dbl clipped
<b>Switch 3</b>	Sample – OOLALA	Cyclic dbl clipped
<b>Switch 4</b>	Sample – CHEERBIG	Cyclic dbl clipped
<b>Switch 5</b>	Lead 1 (square)	Cyclic dbl clipped
<b>Switch 6</b>	Lead 4 (chiff)	Cyclic dbl clipped
<b>Switch 7</b>	Ocarina	Cyclic dbl clipped
<b>Switch 8</b>	Steel drums	Cyclic dbl clipped

## 5. POP ROCKET

	Sound	Trigger Mode
<b>Beam 1</b>	Distortion guitar	Multi
<b>Beam 2</b>	Rock organ	Multi
<b>Beam 3</b>	Lead 1 (square)	Multi
<b>Beam 4</b>	Clavi	Multi
<b>Switch 1</b>	Sample – POP	Latching on/off
<b>Switch 2</b>	French horn	On/off
<b>Switch 3</b>	French horn	On/off
<b>Switch 4</b>	French horn	On/off
<b>Switch 5</b>	Tinkle bell	Cyclic dbl clipped
<b>Switch 6</b>	Electric piano 1	Cyclic dbl clipped
<b>Switch 7</b>	Lead 1 (square)	Cyclic dbl clipped
<b>Switch 8</b>	Drawbar organ	Cyclic dbl clipped

## 6. COOL STREET

Suggestion: because the backing loop is purely percussive, **switch 7** may be effectively used for key changes (see p.39).

	Sound	Trigger Mode
<b>Beam 1</b>	Percussive organ	Multi
<b>Beam 2</b>	Lead 2 (sawtooth)	Multi-Clipped
<b>Beam 3</b>	Flute	multi
<b>Beam 4</b>	Piano	Multi
<b>Switch 1</b>	Sample – 124Beat (looped)	Latching on/off
<b>Switch 2</b>	Rock organ	Cyclic Single
<b>Switch 3</b>	Rock organ	Cyclic Single
<b>Switch 4</b>	Rock organ	Cyclic Single
<b>Switch 5</b>	Warm pad	Cyclic Single
<b>Switch 6</b>	Warm pad	Cyclic Single
<b>Switch 7</b>	Warm pad	Cyclic Single
<b>Switch 8</b>	Acoustic bass	Cyclic Single

## 7.SLEUTH

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Harpsichord	Multi
<b>Beam 2</b>	Synth brass 2	Multi
<b>Beam 3</b>	Alto sax	Multi
<b>Beam 4</b>	Flute	Multi
<b>Switch 1</b>	Sample – LITEJAZZ	Latching on/off
<b>Switch 2</b>	Sample – RAIN 1	On/off
<b>Switch 3</b>	Gunshot	On/off
<b>Switch 4</b>	Sample – SIREN	On/off
<b>Switch 5</b>	Telephone	On/off
<b>Switch 6</b>	Helicopter	On/off
<b>Switch 7</b>	Sample - WIND	On/off
<b>Switch 8</b>	Sample – DOG BARK	On/off

## 8. TINTERN

Suggestion: Lovely opportunity for duets using either Switches 2 & 3 or beams

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Flute	Multi
<b>Beam 2</b>	Clarinet	Multi
<b>Beam 3</b>	Harp	Single
<b>Beam 4</b>	String ensemble 3	Multi
<b>Switch 1</b>	Sample – STRINGS 3	Latching on/off
<b>Switch 2</b>	'Cello	Cyclic single
<b>Switch 3</b>	Clarinet	Cyclic single
<b>Switch 4</b>	Vibraphone	Cyclic single
<b>Switch 5</b>	Marimba	Cyclic single
<b>Switch 6</b>	Timpani	On/off
<b>Switch 7</b>	Timpani	On/off
<b>Switch 8</b>	Timpani	On/off



## 9. BUENA BRISTOL

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Tango accordion	Multi
<b>Beam 2</b>	Piano	Multi
<b>Beam 3</b>	Voice oohs	Multi
<b>Beam 4</b>	Guitar nylon	Single clipped
<b>Switch 1</b>	Sample – FLAMLOOP	Latching on/off
<b>Switch 2</b>	Whistle	Cyclic single
<b>Switch 3</b>	Piano	On/off
<b>Switch 4</b>	Percussion	On/off
<b>Switch 5</b>	Percussion	On/off
<b>Switch 6</b>	Percussion	On/off
<b>Switch 7</b>	Percussion	On/off
<b>Switch 8</b>	Percussion	On/off

## 10. ARABIAN NIGHTS

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Shanai	Multi
<b>Beam 2</b>	Shakuhachi	Multi
<b>Beam 3</b>	Santur	Multi
<b>Beam 4</b>	Breath noise	Multi
<b>Switch 1</b>	Sample – ARABIAN	Latching on/off
<b>Switch 2</b>	Pad 8 (sweep)	Latching on/off
<b>Switch 3</b>	Pad 8 (sweep)	Latching on/off
<b>Switch 4</b>	Steel drums	Cyclic single
<b>Switch 5</b>	Percussion	On/off
<b>Switch 6</b>	Percussion	On/off
<b>Switch 7</b>	Percussion	On/off
<b>Switch 8</b>	Percussion	On/off

## 11. WINDY ISLES

	Sound	Trigger Mode
<b>Beam 1</b>	Tinkle bell	Multi
<b>Beam 2</b>	Synth voice	Sustain multi
<b>Beam 3</b>	Ocarina	Multi
<b>Beam 4</b>	FX1 – rain	Sustain single
<b>Switch 1</b>	Accordion	Cyclic single
<b>Switch 2</b>	Sample – WIND	On/off
<b>Switch 3</b>	FX7 – echoes	Latching on/off
<b>Switch 4</b>	FX7 – echoes	Latching on/off
<b>Switch 5</b>	FX7 – echoes	Latching on/off
<b>Switch 6</b>	FX7 – echoes	Latching on/off
<b>Switch 7</b>	Sample – WAVES	On/off
<b>Switch 8</b>	Sample – SEAGULL	On/off

## 12. HIMALAYA

The samples on **switches 2 - 6** and **switch 8** are quite busy and work best if used sparingly. This is a richly textured soundset and needs room to breathe. Because the backing loop is purely percussive, **switch 7** may be effectively used for key changes (see p.39).

	Sound	Trigger Mode
<b>Beam 1</b>	FX4 (atmosphere)	Sustain multi
<b>Beam 2</b>	Pad 7 (halo)	Cyclic sustain
<b>Beam 3</b>	Lead 3 – calliope	Multi
<b>Beam 4</b>	Fretless bass	Multi
<b>Switch 1</b>	Sample – 75G TABLA	Latching on/off
<b>Switch 2</b>	Sample – BELLS 6	On/off
<b>Switch 3</b>	Sample – CHANTING	On/off
<b>Switch 4</b>	Sample – BELLAMBI	On/off
<b>Switch 5</b>	Sample – GAMELAN 4	On/off
<b>Switch 6</b>	Sample – CHANT	On/off
<b>Switch 7</b>	Seashore	On/off
<b>Switch 8</b>	Sample – BELLS 4	On/off

## 13. DRUMS

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Drums and percussion x 40	Multi
<b>Beam 2</b>	Drums and percussion x 4	Multi
<b>Beam 3</b>	Percussion x 2	Multi
<b>Beam 4</b>	Percussion x 1	Single
<b>Switch 1</b>	Low tom	On/off
<b>Switch 2</b>	Mid tom	On/off
<b>Switch 3</b>	Tambourine	On/off
<b>Switch 4</b>	Low bongo	On/off
<b>Switch 5</b>	Claves	On/off
<b>Switch 6</b>	Closed triangle	On/off
<b>Switch 7</b>	Whistle	On/off
<b>Switch 8</b>	High bongo	On/off

## 14. SHANGHAI

Try developing improvised rhythm patterns using the pentatonic scales with tuned percussion on all beams and switches 1 and 2, this can fit nicely with sequenced chords on switches 3 – 8.

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Vibraphone	Cyclic single
<b>Beam 2</b>	Vibraphone	Cyclic single
<b>Beam 3</b>	Xylophone	Cyclic single
<b>Beam 4</b>	Music box	Cyclic single
<b>Switch 1</b>	Steel drums	Cyclic single
<b>Switch 2</b>	Tubular bells	Cyclic single
<b>Switch 3</b>	FX2 – soundtrack	On/off
<b>Switch 4</b>	FX2 – soundtrack	On/off
<b>Switch 5</b>	FX2 – soundtrack	On/off
<b>Switch 6</b>	FX2 – soundtrack	On/off
<b>Switch 7</b>	FX2 – soundtrack	On/off
<b>Switch 8</b>	FX2 – soundtrack	On/off

## 15. WHOLE TONE SCALE

The work of Professor Phil Ellis at the University of Warwick and latterly at the University of Sunderland and the evolution of his 'sound therapy' model has been a highly influential factor in the widespread adoption of Soundbeam in special schools in the UK and elsewhere. This is an open-ended approach allowing individuals to explore sound without being musically or culturally prescriptive. The whole tone scale is central to this philosophy as it contains no 'root' note and is aesthetically neutral. (See Appendix 6).

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Marimba	Multi
<b>Beam 2</b>	Piano	Multi
<b>Beam 3</b>	Voice oohs	Multi
<b>Beam 4</b>	Flute	Multi
<b>Switch 1</b>	Honky Tonk piano	Cyclic single
<b>Switch 2</b>	Celeste	Cyclic single
<b>Switch 3</b>	Xylophone	Cyclic single
<b>Switch 4</b>	Accordion	Cyclic single
<b>Switch 5</b>	Slap bass 1	Cyclic single
<b>Switch 6</b>	'Cello	Cyclic single
<b>Switch 7</b>	Clarinet	Cyclic single
<b>Switch 8</b>	Ocarina	Cyclic single

## 16. FUNKY HOUSE

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Ocarina	Multi
<b>Beam 2</b>	Synth strings 2	Cyclic sustain
<b>Beam 3</b>	Lead 7 (fifths)	Multi clipped
<b>Beam 4</b>	Synth drum	Single
<b>Switch 1</b>	Sample – 115EGBS2	Latching on/off
<b>Switch 2</b>	Atmosphere	Cyclic single
<b>Switch 3</b>	Sample – BIRDS 4	Latching on/off
<b>Switch 4</b>	Sample – PIGS	On/off
<b>Switch 5</b>	Reverse cymbal	On/off
<b>Switch 6</b>	Percussion	On/off
<b>Switch 7</b>	Percussion	On/off
<b>Switch 8</b>	Percussion	On/off

## 17. NOYZEE

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	FX7 (echoes)	Multi
<b>Beam 2</b>	Grand Piano	Cyclic sustain
<b>Beam 3</b>	Lead 1 (square)	Multi
<b>Beam 4</b>	Celeste	Multi
<b>Switch 1</b>	Sample – FCDRUMS	Latching on/off
<b>Switch 2</b>	Sample – FCBASS3	On/off
<b>Switch 3</b>	Sample- FCBASS2	On/off
<b>Switch 4</b>	Sample – FCMUS8	On/off
<b>Switch 5</b>	Sample – FCMUS10	On/off
<b>Switch 6</b>	Sample – FCMUS10	On/off
<b>Switch 7</b>	Sample FCMUS10	On/off
<b>Switch 8</b>	Sample – UFO4	On/off

## 18. STEP UP

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Whistle	Multi
<b>Beam 2</b>	Celeste	Multi
<b>Beam 3</b>	Piano	Multi
<b>Beam 4</b>	Lead 1 (square)	Multi
<b>Switch 1</b>	Sample – FCBIC4	Latching on/off
<b>Switch 2</b>	Sample – FCBIC2	On/off
<b>Switch 3</b>	Sample – FCBIC7	On/off
<b>Switch 4</b>	Sample – FCBIC8	On/off
<b>Switch 5</b>	Sample – FCBIC1	On/off
<b>Switch 6</b>	Sample – FCBIC3	On/off
<b>Switch 7</b>	Sample – FCBIC6	On/off
<b>Switch 8</b>	Sample FCBIC2	On/off

# Tunes

**Note: It is essential to understand cyclic trigger (pp.36-37) before attempting the tunes.**

## 19. MORNING

A simple arrangement of the traditional song *Morning Has Broken*.

The melody is played on **beam 1** (or **beam 3**) using cyclic single.

The chords are played on **beam 2** (or **beam 4**) using cyclic sustain. They should be played on the first syllable of the last word in each line:

*bro*-ken, *mor*-ning, *spo*-ken

Listen to the [preview](#) if you're not sure.

**Switch 1** gives a sample of birdsong. The melody can be played using different instruments on **switches 2 - 5** with the chords on **switches 6 - 8**.

**Note: As with all tunes using cyclic trigger, if you make a mistake and the two beams or switches get out of phase the easiest thing to do is reload the soundset (by pressing [soundset](#) and [confirm](#)), and start again.**

	Sound	Trigger Mode
<b>Beam 1</b>	Clarinet	Cyclic sustain
<b>Beam 2</b>	Pad 2 – warm	Cyclic sustain
<b>Beam 3</b>	Flute	Cyclic single
<b>Beam 4</b>	Synth voice	Cyclic sustain
<b>Switch 1</b>	Sample – BIRDS 1	Latching on/off
<b>Switch 2</b>	Accordion	Cyclic single
<b>Switch 3</b>	Violin	Cyclic single
<b>Switch 4</b>	'Cello	Cyclic single
<b>Switch 5</b>	Whistle	Cyclic single
<b>Switch 6</b>	Piano	Cyclic single
<b>Switch 7</b>	String ensemble 1	Cyclic single
<b>Switch 8</b>	Flute	Cyclic single

## 20. RAINBOW

Some- where over the rainbow  
 Way up high .....  
 There's a land that I heard of  
 Once in a lul la- by. Some...

day I'll wish u- pon a star and wake up where the clouds are far be-  
 -hind me ..... where... troubles melt like lemon drops a-  
 way above the chimney tops that's where you'll  
 find me

Each block of colour represents one touch of **switches 1 and 2**. Note that in lines 4 and 7-8 the chords are not played in a steady pulse. Listen to the [preview](#) if this is unclear.

There is alternative melodic instrumentation on **beams 2 – 4** and alternative harmonic instrumentation on **switches 3 and 4**, **switches 5 and 6**, and **switches 7 and 8**.

	Sound	Trigger Mode
<b>Beam 1</b>	Pad 1 – fantasia	Cyclic single
<b>Beam 2</b>	Clarinet	Cyclic sustain
<b>Beam 3</b>	Flute	Cyclic sustain
<b>Beam 4</b>	Accordion	Cyclic single
<b>Switch 1</b>	Pad 1 – fantasia	Cyclic single
<b>Switch 2</b>	Pad 1 – fantasia	Cyclic single
<b>Switch 3</b>	Pad 2 – warm	Cyclic single
<b>Switch 4</b>	Pad 2 – warm	Cyclic single
<b>Switch 5</b>	Piano	Cyclic single
<b>Switch 6</b>	Piano	Cyclic single
<b>Switch 7</b>	Accordion	Cyclic single
<b>Switch 8</b>	Accordion	Cyclic single

## 21. FRÈRE JACQUES

This works well as a round. Players may share the tune by taking turns using switches 1-4 as follows:

Frè.	re	Ja.	cques	frè.	re	Ja.	cques
Dor..	mez-	vous?		Dor...	mez-	vous ?	
Son.. nez	les ma.. tin..	es !		Son.. nez	les ma.. tin..	es !	
Ding	daing	dong		Ding	daing	dong.	

All beams and switches 5 – 8 contain the full melody, but on switches 1 – 4 the 'start at' division (see. P. 39) has been adjusted so that the note sequence begins at different points in the tune.

	Sound	Trigger Mode
<b>Beam 1</b>	Piano	Cyclic single
<b>Beam 2</b>	Celeste	Cyclic single
<b>Beam 3</b>	Glockenspiel	Cyclic single
<b>Beam 4</b>	Music box	Cyclic single
<b>Switch 1</b>	Marimba	Cyclic single
<b>Switch 2</b>	Harp	Cyclic single
<b>Switch 3</b>	'Cello	Cyclic single
<b>Switch 4</b>	Tinkle bell	Cyclic single
<b>Switch 5</b>	Xylophone	Cyclic single
<b>Switch 6</b>	Flute	Cyclic single
<b>Switch 7</b>	Clarinet	Cyclic single
<b>Switch 8</b>	Honky Tonk piano	Cyclic single



## 22. OLD MACDONALD

The piano accompaniment on **switches 6, 7 and 8** can be tricky. As with *Rainbow* and *Frère Jacques* use the colour matching 'score' to help, and listen to the [preview](#) if you're not sure.

Old	Mac	Don	ald
had	a	farm	.....
Eee	ay	ee	ay
Oh	.....	.....	and
On	that	farm	he
had	a	dog	.....
Ee	ay	ee	ay
Oh	.....	.....	.....

	Sound	Trigger Mode
<b>Beam 1</b>	Trombone	Cyclic single
<b>Beam 2</b>	Tuba	Cyclic single
<b>Beam 3</b>	Sample – ROOSTER	Single
<b>Beam 4</b>	Sample – SHEEP	Single
<b>Switch 1</b>	Harmonica	Cyclic single
<b>Switch 2</b>	Sample – COW	Cyclic single
<b>Switch 3</b>	Sample - PIG	Cyclic single
<b>Switch 4</b>	Sample – HORSE	Cyclic single
<b>Switch 5</b>	Sample – DUCK	Cyclic single
<b>Switch 6</b>	Piano	Cyclic single
<b>Switch 7</b>	Piano	Cyclic single
<b>Switch 8</b>	Piano	Cyclic single

## 23. TWINKLE TWINKLE

The chords on **beam 2** and **beam 4** are played at a steady 4/4 beat. Listen to the [preview](#) if unsure.

	Sound	Trigger Mode
<b>Beam 1</b>	Flute	Cyclic sustain
<b>Beam 2</b>	Accordion	Cyclic sustain
<b>Beam 3</b>	Marimba	Cyclic sustain
<b>Beam 4</b>	Steel drums	Cyclic sustain
<b>Switch 1</b>	Clarinet	Cyclic single
<b>Switch 2</b>	Clarinet	Cyclic single
<b>Switch 3</b>	Clarinet	Cyclic single
<b>Switch 4</b>	Clarinet	Cyclic single
<b>Switch 5</b>	'Cello	Cyclic single
<b>Switch 6</b>	'Cello	Cyclic single
<b>Switch 7</b>	'Cello	Cyclic single
<b>Switch 8</b>	'Cello	Cyclic single

## 24. GREENSLEEVES

The melody is on **beam 1** and **beam 2** with chords on **switch 1** and **switch 2** (some liberties have been taken with the harmony).

Alas, my love, you do me wrong, to  
 cast me off dis.. ..courteously, for  
 I have loved you well and long, de...  
 ...lighting in your company

Greensleeves was all my joy  
 Greensleeves was my delight  
 Greensleeves was my heart of gold and  
 who but my lady Greensleeves.

	Sound	Trigger Mode
<b>Beam 1</b>	Accordion	Cyclic sustain
<b>Beam 2</b>	Flute	Cyclic sustain
<b>Beam 3</b>	Guitar	Cyclic sustain
<b>Beam 4</b>	Fiddle	Cyclic sustain
<b>Switch 1</b>	Accordion	Cyclic single
<b>Switch 2</b>	Pad 2 – warm	Cyclic single
<b>Switch 3</b>	Sample – BIRDS 4	Latching on/off
<b>Switch 4</b>	Sample – BIRDTR 1	On/off
<b>Switch 5</b>	Harpsichord	Cyclic
<b>Switch 6</b>	Vibraphone	Cyclic
<b>Switch 7</b>	Church Organ	Cyclic
<b>Switch 8</b>	Harp	Cyclic

## 25. AIR ON A G STRING

	Sound	Trigger Mode
<b>Beam 1</b>	'Cello	Cyclic sustain
<b>Switch 1</b>	Acoustic bass	Cyclic single

## 26. SUMMER JAZZ

	Sound	Trigger Mode
Beam 1	Alto sax	Cyclic sustain
Beam 2	Vibraphone	Sustain single
Beam 3	Alto sax	Cyclic single
Beam 4	Piano	Multi
Switch 1	Sample – SUMMER 1	Latching on/off
Switch 2	Harmonica	Cyclic
Switch 3	Percussion	On/off
Switch 4	Percussion	On/off
Switch 5	Cello	Cyclic
Switch 6	Percussion	On/off
Switch 7	percussion	On/off
Switch 8	Guitar	Cyclic

## 27. CHRISTMAS

The chord accompaniment on switches 1 – 3 (or 4 – 6) to the ‘*Silent Night*’ melody on beams 1 - 4 are played as follows:

Silent	night	holy	night
All is	calm	all is	bright
Round yon	Virgin	Mother and	Child
Holy	Infant so	tender and	mild
Sleep in	heavenly	peace	
Sleep in	heavenly	peace	

	Sound	Trigger Mode
Beam 1	Synth voice	Cyclic sustain
Beam 2	Harpsichord	Cyclic sustain
Beam 3	Piano	Cyclic sustain
Beam 4	Fantasia	Cyclic sustain
Switch 1	Piano	On/off
Switch 2	Piano	On/off
Switch 3	Piano	On/off
Switch 4	Pad 1 – fantasia	On/off
Switch 5	Pad 1 – fantasia	On/off
Switch 6	Pad 1 – fantasia	On/off
Switch 7	Sample – BELLS 1	Latching on/off
Switch 8	Sample – BELLS 2	Latching on/off

## Themes

All of the soundsets in this section require planning and organisation to make sense. They could be best used to accompany a narrative structure such as a story, poem or song, or to reinforce concepts from other various curriculum areas. The key is to enable players to **sequence** the sounds in an appropriate and logical way, to **combine** pairings of sounds effectively, and to **listen and take turns** appropriately. Having a ‘conductor’ and using cues and objects of reference or pictures can help teachers and others to approach the material methodically.

***Remember that only TWO samples may be played simultaneously.***

### 28. SPACE

	Sound	Trigger Mode
Beam 1	FX7 – Echoes	Multi
Beam 2	Pad 8 – sweep	Cyclic sustain
Beam 3	FX1 – rain	Multi
Beam 4	Pad 6 – metallic	Cyclic sustain
Switch 1	Sample – UFO VISIT	On/off
Switch 2	Sample – GAMES FX!	On/off
Switch 3	Sample – GAMES FX4	On/off
Switch 4	Sample – BLAST 1	On/off
Switch 5	Sample – LASER 3	On/off
Switch 6	Sample- GAMES FX4	On/off
Switch 7	Sample – MAD LAB 1	On/off
Switch 8	Sample – UFO – SLOW	On/off

## 29. ENGLISH FIELDS

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Clarinet	Multi clipped
<b>Beam 2</b>	String ensemble 2	Cyclic sustain
<b>Beam 3</b>	Tuba	Multi
<b>Beam 4</b>	Viola	Multi
<b>Switch 1</b>	Sample – BIRDS 1	On/off
<b>Switch 2</b>	Sample – SHEEP 1	On/off
<b>Switch 3</b>	Sample – GEESE 2	On/off
<b>Switch 4</b>	Sample – DUCK 1	On/off
<b>Switch 5</b>	Sample – ROOSTER	On/off
<b>Switch 6</b>	Sample- HORSE	On/off
<b>Switch 7</b>	Sample – COW 2	On/off
<b>Switch 8</b>	Sample – BROOK	On/off

## 30. HAUNTED HOUSE

*Important note: assess the appropriateness of this soundset before using it (especially switch 7).*

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Honky Tonk piano	Sustain – multi
<b>Beam 2</b>	FX6 – goblins	Sustain – single
<b>Beam 3</b>	Synth strings 2	Sustain – single
<b>Beam 4</b>	Sample – BELLS 6	Sustain – single
<b>Switch 1</b>	Sample – LAUGH 2	On/off
<b>Switch 2</b>	Sample – WOLFHOWL	On/off
<b>Switch 3</b>	Sample – THUNDER 2	On/off
<b>Switch 4</b>	Sample – MONSTER 1	On/off
<b>Switch 5</b>	Sample – SCARYS 1	On/off
<b>Switch 6</b>	Sample- HEHEHE	On/off
<b>Switch 7</b>	Sample – VOMIT	On/off
<b>Switch 8</b>	Timpani	On/off

## 31. COMEDY

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Sample – OAAOAAA	Single
<b>Beam 2</b>	Sample – OOLALA	Single
<b>Beam 3</b>	Sample – BLILOOP	Single
<b>Beam 4</b>	Sample – SPLASH	Single
<b>Switch 1</b>	Sample – TV SHOW	On/off
<b>Switch 2</b>	Sample – SNORE	On/off
<b>Switch 3</b>	Sample – LAUGH 2	On/off
<b>Switch 4</b>	Sample – WOBBLE	On/off
<b>Switch 5</b>	Sample – PLAYER 2	On/off
<b>Switch 6</b>	Sample- OPERA AH	On/off
<b>Switch 7</b>	Sample – NOSEBLOW	On/off
<b>Switch 8</b>	Sample – SPIT	On/off

## 32. MACHINES

	<b>Sound</b>	<b>Trigger Mode</b>
<b>Beam 1</b>	Sample – CAR RACE 2	Single
<b>Beam 2</b>	Sample – TRUCKS 1	Single
<b>Beam 3</b>	Sample – RACING CAR	Single
<b>Beam 4</b>	Sample – HELICOPTER	Single
<b>Switch 1</b>	Sample – FACTORY 1	On/off
<b>Switch 2</b>	Sample – FACTORY 2	On/off
<b>Switch 3</b>	Sample – FACTORY 3	On/off
<b>Switch 4</b>	Sample – FACTORY 4	On/off
<b>Switch 5</b>	Sample – FACTORY 5	On/off
<b>Switch 6</b>	Sample- FACTORY 7	On/off
<b>Switch 7</b>	Sample – CONSTRUCTION	On/off
<b>Switch 8</b>	Sample – METAL 1	On/off

## Soundset sub-menus

**Note: If you get lost here, press **soundset** to return to the main screen.**

Press **soundset** then

Press **→** (once): **Copy/Save Soundset**

(Soundbeam will already have prompted you to save any new or modified soundsets. What this sub-menu allows you to do is to copy and save a soundset to a specified location (soundset number). You may, for example, want to make changes to existing preset or user-composed soundsets by playing the music using different sounds. Use the **+** or **-** buttons to select the new soundset location number and **confirm**).

Press **→ →** (twice): **Rename Soundset.**

Press **confirm** to start. Use the **+** and **-** buttons to scroll through and select from the alphabet and other characters, and the **→** button to move the cursor along to the next space. Press **confirm** to complete.

Press **→ → →** (three times): **Lock User Soundset.**

Use the **+** and **-** buttons to toggle on/off. Lock 'on' to prevent accidental overwriting of the soundset (**Note: if changes have been made to the soundset, these need to be saved before the soundset is locked 'on'**).

Press the **soundset** button to return to main screen.


Press **← ←** (twice): **Default power up**



When Soundbeam is switched on it will normally load soundset 1. To change this use the **+/-** buttons to select soundsets between 1 and 128 (or, between 128 and 1, 'last used').



Press  (once): **Soundset Sequence Using Switch 8.**

You can use **switch 8** to navigate through a series of soundsets. This (along with 'Transpose Sequence Using Switch 7' – see 'Pitch transpose sub-menus' below) – gives the Soundbeam player virtually total control over the changing musical material available to them, doing away with the need for a 'pilot' supervising the controls.

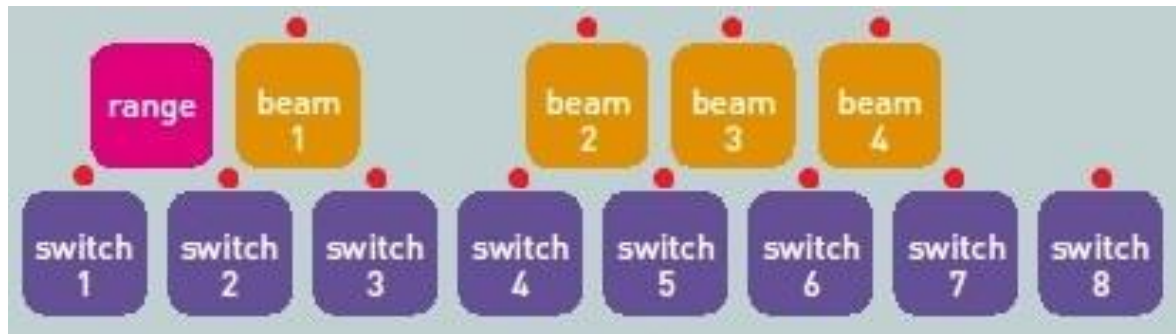
Use the  buttons to toggle between on/off. If this function is 'off' **switch 8** will function in the same way as other switches (playing sounds). If it is 'on', the switch will not play in the usual way but will rather allow you to load a sequence of soundsets with successive presses of the switch.

With this function 'on' use the  buttons and the  button to compose your soundset list. Press **confirm** to finish editing the list. This feature is automatically disabled on power-up so that users are not confused by silent switches.

## HOME

Pressing **home** returns you to the main soundset screen.

## 6. BEAM/SWITCH



Use these to change settings for a specified beam or switch. For example, to change the musical scale, melody or chords on beam 3, press the **beam 3** button, then the **note sequence** button, and use the **+** or **-** button. Any other adjustment you make will be applied to beam 3 specifically until another beam or switch is selected.

The lights flash to indicate when the beams/switches are in play.

## 7. RANGE



Variations in the length of the beams are possible using this feature. This means that you can define the active playing area in space in accordance with the requirements of your performance or in order to accommodate the physical capabilities or limitations of the player.

Press the **beam** button corresponding with the beam you want to change, then the **range** button. The **+** and **-** buttons now allow you to extend or reduce the active playing length of the beam. **End at** on the display screen refers to the furthest point away from the sensor at which sounds will be activated by interruptions of the beam. (The **←** / **→** buttons can be used to select the **start at** feature which allows you to define the closest point to the sensor at which sounds will be triggered).

To use Soundbeam at long range (over 2 metres) the playing space needs to be as open and uncluttered as possible. Under normal conditions the beams should perform reliably up to 2 metres away from the sensor though care always needs to be taken to ensure that there are no objects along the path of the beam. It is best to start with the shortest range and then extend it as required by the player.

**Note: The ‘chord clear’ area (see ‘sustain’ trigger modes p.36.) between the sensor and the ‘start at’ point can be made larger or smaller by adjusting the ‘start at’ setting.**

## 8. SOUND

Soundbeam's internal synthesiser contains a library of 128 sounds, with some additional variations between 129 and 256 (see Appendix 1). The sound selected on the display screen (via the  or  button) will be assigned to the currently selected beam or switch (as identified on the display screen and also by the flashing light).



## Sub menus

The unit's SD card also contains samples and rhythm loops in various styles and can be used to record samples.

To assign a rhythm loop or sample to a beam or switch, press the **beam** or **switch** button corresponding the one you want to assign the sample to, press the **sound** button, then the **■** button to select 'Midi program off' (one click before *001 piano*. This disables the internal synthesiser chip). Now press **➔** to get into the sample sound library, and use the **⊕/⊖** buttons to select the sample.

Press **➔** again then **⊕/⊖** to toggle between **loop** (for continuous play) or **once**.




## 9. TRIGGER MODES - beams




**single** To play a note, break the beam. To play another note, come out of the beam and re-enter it. The note heard will depend on the point along the beam's path at which the interruption occurs.

**multi** Movement within the beam will trigger a continuous succession of notes with movement towards and away from the sensor. Sensitivity/note activity can be varied by adjusting **range** and **divisions**.

**sustain – single** Like single, but the sound (providing it's a 'long' sound like an organ or violin, or a sound with a slow decay like a piano, but not a 'short' sound like a xylophone) will continue to play even when you move out of the beam. Enter and exit the beam at other points along its path to create a sustaining chord. Use the 'chord clear' area directly in front of the sensor to stop the sound.

**sustain – multi** Like multi, with the notes held until cleared as in 'sustain – single' above. Use the 'chord clear' area directly in front of the sensor to stop the sound.

**single – clipped** Single notes will sound for a fixed duration which is set by using the  button from the 'Single-clipped' screen and then using the  or  button to select the clip time.

**multi – clipped** Movement within the beam will trigger a continuous succession of notes which will sound for a fixed duration set by using the  button from the 'Multi-clipped' screen and then using the  or  button to select the clip time.

**cyclic – single** Successive interruptions of the beam, irrespective of where it is interrupted along its path, will play a sequential series of notes or chords in the correct order. The sound will stop when the beam is exited.

**cyclic – sustain** Successive interruptions of the beam, irrespective of where it is interrupted along its path, will play a sequential series of notes or chords in the correct order, with the note or chord held until the next one is triggered. Use the ‘chord clear’ area directly in front of the sensor to stop the sound.

**trigger OFF** This has the effect of muting the sensor and also silences its ‘buzz’.

## TRIGGER MODES – switches

**on – off** The sound plays when the switch is operated.

**latching On-Off** The sound (long sound or sample loop) plays when the switch is operated and stays on. Operate switch a second time to switch off.



**cyclic** Press the switch repeatedly to play a sequential series of notes or chords in the correct order.

**controller only** Instead of using the switch to play sounds, it can be used like an effects pedal to change the qualities (e.g. vibrato) of sounds being played on other beams or switches. This is an advanced application for using with external software or hardware synthesisers.

**cyclic dbl clipped** A sound plays on press *and again* on release. Press and release the switch repeatedly to play a sequential series of notes or chords.


**trigger OFF** Mutes the switch.



## 10. DIVISIONS



Each beam or switch can contain up to 250 single notes and/or chords (containing up to ten notes). Use the  and  buttons to increase or decrease the number of divisions.

### Sub menus

Press  (once): **Start note sequence at note number**



This allows you to utilise different portions of a note sequence. For example, you might have a progression of nine chords in your note sequence and want to use, perhaps for composing a new soundset, the fourth, fifth and sixth ones in the sequence in cyclic trigger on a switch. Selecting three divisions and using the  button to start the note sequence at number 4 will achieve this.

Press   (twice): **Max polyphony**

In 'sustain' and 'sustain – multi' trigger modes, this function determines the number of notes that can be played simultaneously. A low value (e.g. 3 or 4), using the  /  buttons, will make for clean distinct chords, higher values will give a denser harmonic texture.





## 11. PITCH TRANSPOSE



The note sequence can be transposed in pitch independently for each beam and switch by up to three octaves up or down. Use the  and  buttons to transpose in semitonal increments. For example an adjustment to the pitch transpose setting from +0 to +12 will raise the pitch of the note sequence by one octave.

### Sub menus

Press  (once): **Global Transpose**

This shifts the pitch for all beams and switches together.

Press   (twice): **Transpose Sequence using Switch 7**

With this screen displayed, use the  /  buttons to select 'off' (between 128 and 1) to use the switch in the normal way. Alternatively, to use the switch in order to effect a sequence of global key changes, choose a note sequence and select the number of divisions that corresponds with the number of key changes you want (not more than three or four we would suggest). If the note sequence contains chords, the lowest note of the chord will be used to determine the key. This feature is automatically disabled on power-up so that users are not confused by silent switches.

## 12. NOTE SEQUENCE

Soundbeam contains 128 **note sequences** – musical scales, chord sequences and tunes. Note sequences which are named are preset in Soundbeam's memory and cannot be erased. User note sequences can be programmed in by the user either using an external MIDI keyboard or by using the **range**, **beam** and **switch** buttons which are arranged on the control panel like a simple keyboard.

### Sub menus

#### *In preset note sequences*

Press **→** (once): **Replay Division**

Hold down the **confirm** button and press the **+** / **-** buttons to audition the selected note sequence.

#### *In user note sequences*

Press **←** (once): **Lock user note sequence**

In order to make all the edit functions available the note sequence needs to be unlocked. Use the **+** / **-** button to select 'off'.

Having done this press the **note sequence** button to return to the main screen.

Press **→** (once): **Record Division**

From here you can record your own sequence of notes and/or chords. Use a MIDI lead to connect MIDI IN 1 from Soundbeam to the MIDI OUT socket on a piano-style keyboard (not a qwerty keyboard). Play notes or chords with clear separation between divisions - if you play too smoothly with a 'legato' style individual notes will be recorded as chords. If touch-sensitivity is available and enabled on the keyboard, Soundbeam will record the dynamics (loud and soft) too.

To record simple material from the 'record division' screen without the need for an external keyboard use the **range**, **beam** and **switch** buttons (in combination with the **←** and **→** buttons to move up and down the octaves). Notes are arranged as follows:

C	switch 1
C#	range
D	switch 2
E <sub>b</sub>	beam 1
E	switch 3
F	switch 4
F#	beam 2
G	switch 5
G#	beam 3
A	switch 6
B <sub>b</sub>	beam 4
B	switch 7
C	switch 8

If you make a mistake use the **⏪** button to scroll back to the division containing the mistake and re-record.

On completion use the **confirm** button and the **⏩** / **⏪** buttons to save and name the note sequence, following the prompts on the screen.

Press **→** **→** (twice): **Replay Division**

Hold down the **confirm** button and press the **⏩** / **⏪** buttons to audition the selected note sequence.


Press **→** **→** **→** (three times): **Play Direction**



With a linear low-to-high note sequence you might wish the higher notes to be closest to the sensor, or the lower ones. Use **⏩** / **⏪** to toggle between 'forward' and 'reverse'. (If using cyclic trigger with play direction set to 'reverse' the note sequence will play backwards). This feature is not available in locked note sequences including all preset note sequences.

## 13. MIDI



This feature allows you to choose to use Soundbeam alongside external MIDI or USB devices instead of or in addition to the internal synthesiser, to change MIDI channel defaults, and to transfer your Soundset data onto a computer or another Soundbeam 5 unit.

### Sub menus

Press  (once): **MIDI to (global)**



Information from all beam and switches can be sent – using the  /  buttons – to Soundbeam's internal synthesiser, MIDI OUT 1, MIDI OUT 2, USB, or any combination of these.



Press   (twice): **Beam/Switch MIDI to**

Information from specified beams and switches can be sent – using the  /  buttons – to Soundbeam's internal synthesiser, MIDI OUT 1, MIDI OUT 2, USB, or any combination of these. For example to play a sound from Soundbeam's internal sound library on beam 1 and a sound from an external keyboard or sound module (via MIDI OUT 1) on beam 2, set beam 1 to 'int' and beam 2 to '01'



Press    (three times): **Beam/Switch MIDI channel**

Use this to change the MIDI channel default settings for beams and switches.

Press     (four times): **MIDI Bulk Dump**

Use  /  to select all soundsets, a specified soundset, all note sequences or a specified note sequence for transfer (dump) into another Soundbeam 5 unit or onto a computer. Press **confirm** to implement.

## 14. VOLUME

This button accesses Soundbeam's internal amplifier functions. Use the  and  buttons to navigate through the following functions:

- global volume
- bass
- treble
- balance
- reverb level
- input volume (for recording samples)
- internal synth volume (for balancing levels with sampler volume)
- beam/switch volume levels with graphic display

and use the  and  buttons to increase or decrease the selected value.

To MUTE all sound press **volume** then **F1**. To resume play, press **home**.

## 15. RECORD/PREVIEW



A **sample** is an audio recording, usually with a short duration.

### How to make a sample using a microphone.

1. Insert powered condenser microphone into the back panel of the Soundbeam unit (line in). Hold the microphone away from the speakers to avoid feedback. Switch on the microphone.

2. Press the **record** button and use the **+** and **-** and **confirm** buttons to select **Record Sample** (not *session*).

3. Check that a visible response is seen on the display screen when talking or singing into the microphone, and when ready press the **record** button to begin recording.

4. Now make your sounds (vocal, instrumental, percussive, experimental etc.)

5. When you wish to stop the recording press the **record** button again.

Note that as soon as the recording is stopped it is automatically given a number (example – 005) and allocated a place on the SD card – it will be found at the end of the list of samples already on the SD card.

You can listen to the sample immediately by pressing and holding the **preview** button, and as prompted you can use the **F1** button, **←** **→** **+** **▢** to rename the sample. It is advisable to name samples as you build your library. They will be listed on the card alphabetically and numerically.

**To delete the sample** if you're not happy with it, press the **F1** button, page right and follow onscreen instructions

The sample is now created and ready to be assigned to a beam or switch.

To assign a sample to a beam, a few settings will need to be changed.

Select beam 1 (by pressing the **beam 1** button), then press the **sound** button and select **MIDI Program off** listed immediately before 001 piano (*this disables any sound coming from the internal synthesiser which would otherwise be triggered in parallel with sample playback*) then page right **→** to the **sample: OFF** screen. Use the **+** **▢** buttons to scroll through the list of available samples until you find the one you require.

***Unless renamed the most recently recorded sample will be at the very bottom of the list, and the quickest way to reach the end of the list is to use the **+** (page up) button.***

Page right again **→** will call up the **Sample play mode**.

There are two options here: either play once or loop.

If 'play once' is selected the sample will stop when it reaches the end.

If 'loop' is selected the sample will immediately start again once it reaches the end.

Fine adjustments can be made to the start and end points of a sample, this is a

very important and useful feature enabling you to remove silence from the beginning.

### Editing the sample

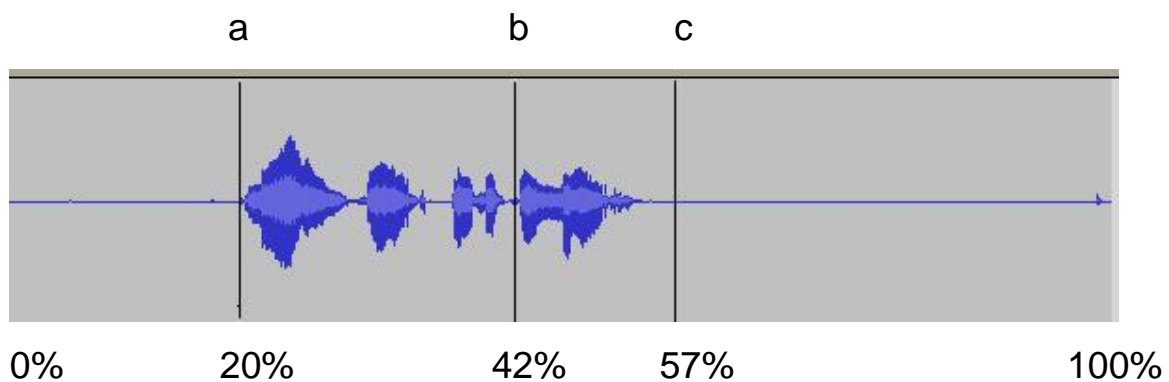
It is usually important to remove any silence from the beginning of a sample, so that when it is played using a beam or switch there is no pause before the sound is heard. If the silence is not removed it is likely that the player will not have the best opportunity to have control of the sound, and in some instances the user may mistakenly believe that there is no sound on the beam or switch.

Page right → from the play sample mode takes us to the sample **start at** screen, here adjustments to the percentage % value enable us to select where in the recording we want our selection to begin.

A further page right → takes us to the **end at** screen. Here adjustments to the percentage % value enable us to select where in the recording we want our selection to end.

In the illustration you can see a visualisation of a recording of someone saying “Mary had a little lamb”.

Notice how the start point (a) might be used to remove the silence at the beginning of the recording, and how point (b) might be used to select “Little Lamb” and how point (c) might be selected to remove excessive silence from the end.





(When applied – these settings are assigned for the beam or switch, and if a different sample is allocated to the same sensor/switch the start/end points will be applied to the new sample.

### What notes to use

Once the sample has been selected and trimmed in this way, some consideration should be given as to how the sample is to be triggered in the beam.

The trigger mode, divisions, transpose, and range will all have some effect on the way the sample behaves in the beam. For example – if the trigger mode selected is 'multi', the number of divisions 64, the note sequence chromatic, and “Mary had a little lamb” is selected, you might find that at one end of the beam it sounds like Mickey Mouse is talking and at the other end a giant.

### True Note (or Root Note)

To hear the sample played back at the same pitch as it was recorded, the note C3 should be played. There are many ways to assign C3 to a beam or switch and perhaps the easiest is to select note sequence 29 **sample note C3**. Subsequent adjustments can be made to the pitch of the sample using the transpose button and **+** / **-**. Alteration of the pitch will also affect the speed at which it is played.

### Looping a percussive sample

Several of the samples supplied with Soundbeam work effectively as a backing drum loop. And in many of the factory soundsets supplied with the unit samples are triggered using a switch, so that the first press starts the sample which will continue (looped) until the second press which will stop the loop.

Of course the sample needs to be set to **loop** in the **sample play mode** – but also the trigger mode for the switch (or beam) will need to be set to **'latching on/off'**.

Adjustment to the loudness or volume for the sample can be achieved via the **volume** button (p. 43) and by pressing **←** or **→** and navigating to the screen

which shows a visual representation of the levels for each beam and switch, so by selecting the beam or switch to which the sample has been allocated, and adjusting the level using the **+** **-** buttons, the volume of the sample can be altered.

### Record Session

This function allows you to record an entire performance as played using the beams switches and microphone.

Press the **record** button and use the **+** **-** and **confirm** buttons to select **Record Session** (not *sample*).

Check that a visible response is seen on the display screen when beams and switches are activated, press the **record** button to begin recording.

Now perform the piece using the beams and switches and microphone (if wanting to add a vocal part to the piece).

When you wish to stop the recording press the **record** button again as prompted on the display screen.

Note that as soon as the recording is stopped it is automatically given a number (example: 006) and allocated a place on the SD card. It will be found at the end of the list of samples already on the SD card.

You can listen to the sample immediately by pressing the **preview** button, and as prompted you can use the **F1** button, **↔** **+** **-** to rename or delete the sample.

### SD card reading

The samples on the SD card can be reviewed, added to, renamed or deleted on a computer if a suitable card reader is used (SD card adapter on inside back cover). The sample name can only be 8 characters long and made up of numbers, letters or a limited number of symbols.

When you record a sample /session it will automatically be saved as a number (e.g., 001, 002 etc.). You can rename it. Your sample will then be found at the end of the library list after sample \_DEMO030. The next time you switch on

Soundbeam it will reorder and list your sample numerically/alphabetically. If you didn't rename it, and it was automatically saved as a number 001, 002 and so forth, you will now find it at the beginning of the list (e.g., before sample 110disco).

**Format: At time of print (Autumn 2013) Soundbeam 5 can only make use of samples that are Stereo, 16 bit wav files and can only support micro SD cards up to and including 32GB capacity. The SD card needs to be formatted as FAT 32. The card must be Class 10 type. Please contact us for technical support if required.**

# APPENDIX 1: SOUNDBEAM 5 SOUND LIBRARY

Off (select this if using a sample)

- 1 Grand Piano
- 2 Bright Piano
- 3 Piano 3
- 4 Honky-tonk Piano
- 5 E. Piano 1
- 6 E. Piano 2
- 7 Harpsichord
- 8 Clavinova
- 9 Celesta
- 10 Glockenspiel
- 11 Music Box
- 12 Vibraphone
- 13 Marimba
- 14 Xylophone
- 15 Tubular Bells
- 16 Dulcimer
- 17 Drawbar Organ
- 18 Percussive Organ
- 19 Rock Organ
- 20 Church Organ
- 21 Reed Organ
- 22 Accordion
- 23 Harmonica
- 24 Tango Accordion
- 25 Acoustic Guitar (nylon)
- 26 Acoustic Guitar (steel)
- 27 Electric Guitar (jazz)
- 28 Electric Guitar (clean)
- 29 Electric Guitar (muted)
- 30 Overdriven Guitar
- 31 Distortion Guitar
- 32 Guitar harmonics
- 33 Acoustic Bass
- 34 Finger Bass
- 35 Picked Bass
- 36 Fretless Bass
- 37 Slap Bass 1
- 38 Slap Bass 2
- 39 Synth Bass 1
- 40 Synth Bass 2
- 41 Violin
- 42 Viola
- 43 Cello
- 44 Contrabass
- 45 Tremolo Strings
- 46 Pizzicato Strings
- 47 Orchestral Harp
- 48 Timpani
- 49 String Ensemble 1
- 50 String Ensemble 2
- 51 Synth Strings 1
- 52 Synth Strings 2
- 53 Choir Aahs
- 54 Voice Oohs
- 55 Synth Choir
- 56 Orchestra Hit
- 57 Trumpet
- 58 Trombone
- 59 Tuba
- 60 Muted Trumpet
- 61 French Horn
- 62 Brass Section
- 63 Synth Brass 1
- 64 Synth Brass 2
- 65 Soprano Sax
- 66 Alto Sax
- 67 Tenor Sax
- 68 Baritone Sax
- 69 Oboe
- 70 English Horn
- 71 Bassoon
- 72 Clarinet
- 73 Piccolo
- 74 Flute
- 75 Recorder
- 76 Pan Flute
- 77 Blown Bottle
- 78 Shakuhachi
- 79 Whistle
- 80 Ocarina
- 81 Lead 1 (square)
- 82 Lead 2 (sawtooth)
- 83 Lead 3 (calliope)
- 84 Lead 4 (chiff)
- 85 Lead 5 (charang)
- 86 Lead 6 (voice)
- 87 Lead 7 (fifths)
- 88 Lead 8 (bass + lead)
- 89 Pad 1 (new age)
- 90 Pad 2 (warm)

91 Pad 3 (polysynth)	140 Detuned Organ 1
92 Pad 4 (choir)	141 Church Organ 2
93 Pad 5 (bowed)	142 Church Organ
94 Pad 6 (metallic)	143 Church Organ
95 Pad 7 (halo)	144 Accordion French
96 Pad 8 (sweep)	145 Harpsichord
97 FX 1 (rain)	146 Coupled Harps
98 FX 2 (soundtrack)	147 Coupled Harps
99 FX 3 (crystal)	148 Clavinova
100 FX 4 (atmosphere)	149 Clavinova
101 FX 5 (brightness)	150 Clavinova
102 FX 6 (goblins)	151 Celesta
103 FX 7 (echoes)	152 Celesta
104 FX 8 (sci-fi)	153 Synth Brass 1
105 Sitar	154 Synth Brass 2
106 Banjo	155 Synth Brass 3
107 Shamisen	156 Synth Brass 4
108 Koto	157 Synth Brass 1
109 Kalimba	158 Synth Brass 2
110 Bag pipe	159 Synth Brass 3
111 Fiddle	160 Synth Brass 4
112 Shanai	161 Fantasia
113 Tinkle Bell	162 Syn Calliope
114 Agogo	163 Choir Aahs
115 Steel Drums	164 Bowed Glass
116 Woodblock	165 Soundtrack
117 Taiko Drum	166 Atmosphere
118 Melodic Tom	167 Crystal
119 Synth Drum	168 Bagpipe
120 Reverse Cymbal	169 Tinkle Bell
121 Guitar Fret Noise	170 Ice Rain
122 Breath Noise	171 Oboe
123 Seashore	172 Pan Flute
124 Bird Tweet	173 Saw Wave
125 Telephone Ring	174 Charang
126 Helicopter	175 Tubular Bells
127 Applause	176 Square Wave
128 Gunshot	177 Strings
129 Piano 1	178 Tremolo Strings
130 Piano 2	179 Slow Strings
131 Piano 3	180 Pizzicato Strings
132 Detuned EP 1	181 Violin
133 E. Piano 1	182 Viola
134 E. Piano 2	183 Cello
135 Detuned EP 2	184 Cello
136 Honky Tonk	185 Contrabass
137 Organ 1	186 Harp
138 Organ 2	187 Harp
139 Organ 3	188 Nylon String Guitar

189 Steel String Guitar  
190 Chorus Guitar  
191 Funk Guitar  
192 Sitar  
193 Acoustic Bass  
194 Fingered Bass  
195 Picked Bass  
196 Fretless Bass  
197 Slap Bass 1  
198 Slap Bass 2  
199 Fretless Bass  
200 Fretless Bass  
201 Flute  
202 Flute  
203 Piccolo  
204 Piccolo  
205 Recorder  
206 Pan Flute  
207 Soprano Sax  
208 Alto Sax  
209 Tenor Sax  
210 Baritone Sax  
211 Clarinet  
212 Clarinet  
213 Oboe  
214 English Horn  
215 Bassoon  
216 Harmonica  
217 Trumpet  
218 Muted Trumpet  
219 Trombone  
220 Trombone  
221 French Horn  
222 French Horn  
223 Tuba  
224 Brass  
225 Brass 2  
226 Vibraphone  
227 Vibraphone  
228 Kalimba  
229 Tinkle Bell  
230 Glockenspiel  
231 Tubular Bell  
232 Xylophone  
233 Marimba  
234 Koto  
235 Taisho Koto  
236 Shakuhachi  
237 Whistle  
238 Whistle  
239 Bottle Blow  
240 Pan Flute  
241 Timpani  
242 Melo Tom  
243 Concert BD  
244 Synth Drum  
245 Melo Tom  
246 Taiko  
247 Taiko  
248 Reverse Cymbal  
249 Castanets  
250 Tinkle Bell  
251 Orchestra Hit  
252 Telephone  
253 Bird  
254 Helicopter  
255 Bowed Glass  
256 Ice Rain

## APPENDIX 2: DRUM AND PERCUSSION SOUNDS

- Select beam or switch to which the drum is to be assigned
- Select note sequence 29
- Select 1 division
- Select Midi channel 10 (press MIDI and right arrow twice. Note: this is the default setting for switch 6)
- Press 'pitch transpose' and use the +/- buttons to select the instrument using the settings listed below

-25 Bass Drum 2	-9 Ride Cymbal 1	+7 High Agogô
-24 Bass Drum 1	-8 Chinese Cymbal	+8 Low Agogô
-23 Side Stick/Rimshot	-7 Ride Cymbal 2	+9 Cabasa
-22 Snare Drum 1	-6 Tambourine	+10 Maracas
-21 Hand Clap	-5 Crash Cymbal 2	+11 Short Whistle
-20 Snare Drum 2	-4 Cowbell	+12 Long Whistle
-19 Low Tom 2	-3 Crash Cymbal 3	+13 Short Güiro
-18 Closed Hi-hat	-2 Vibraslap	+14 Long Güiro
-17 Low Tom 1	-1 Ride Cymbal 3	+15 Claves
-16 Pedal Hi-hat	0 High Bongo	+16 High Wood Block
-15 Mid Tom 2	+1 Low Bongo	+17 Low Wood Block
-14 Open Hi-hat	+2 Mute High Conga	+18 Mute Cuíca
-13 Mid Tom 1	+3 Open High Conga	+19 Open Cuíca
-12 High Tom 2	+4 Low Conga	+20 Mute Triangle
-11 Crash Cymbal 1	+5 High Timbale	+21 Open Triangle
-10 High Tom 1	+6 Low Timbale	

## APPENDIX 3: SOUNDBEAM 5 SAMPLE LIBRARY

(see also Appendix 4: Sample library by category)

OFF (No Sample)	BELL_BIG	DOGGROANS
110DISCO	BIG_THUMPS	DOG_BARK
110HERTS	BIRDS_1	DOOR
110TINCN	BIRDS_2	DUCK_1
115EGBAS	BIRDS_3.	DUCK_2
115EGBS	BIRDS_4	EARTH PEOPLE
115EGBS3	BIRDTROPICAL	ELEPHANT
120ART	BLAST_LASER	ETHNIC_1
120EGFD2	BLILOOP	ETHNIC_2
120EGGFD	BROOK	EXCITED1
120EGLP3	BT1STJNY	EXPLOSION
120EGLUP	BTAPRIL	FACTORY1
120FLFTB	BTATUNE4	FACTORY2
120FULFT	BTBREEZE	FACTORY3
120SQELCH	BTCHOIR	FACTORY4
120UPBEAT	BTCLSKY	FACTORY5
124BEAT	BTDISCO	FACTORY6
140HARDH	BTDUBSTEP	FACTORY7
140HIPHO	BTEUROPOP	FCBASS1
155HARDY	BTGANGSTA	FCBASS2
75ATABLA	BTGROOVY	FCBASS3
75BTABLA	BTHUMAN	FCBASS4
75CTABLA	BTMANDOLIN	FCBASS5
75DTABLA	BTPIANO	FCBASS6
75ETABLA	BTRAINY	FCBIC1
75FTABLA	BTTULSA	FCBIC2
75GTABLA	BTWILD	FCBIC3
88CRUNCH	BUSY_CORNER	FCBIC4
88SWEET	CARRACE1	FCBIC5
91GLITCH	CARRACE2	FCBIC6
98BLEEP	CAR_REV	FCBIC7
98DRUNK	CAT_MEOW	FCBIC8
98DUBBLE	CHANT	FCDRUM1
98RHODES	CHANTFOOT	FCDRUM2
98SCRATCH	CHANTING	FCDRUM3
98SQELCH	CHANT_2	FCDRUM4
AHH	CHEERBIG	FCDRUM5
AHH_CLAP	CHEERS2	FCDRUM6
AIRPLAN1	CHEERSB2	FCDRUM7
AIRPLANAMBI	CHICNKID	FCMUS1
APPLAUSERUPT	CHINESNY	FCMUS2
APPLAUSL	CHINESNY3	FCMUS3
APPLAUSMEDIUM	CHOIRDISTANT	FCMUS4
ARABIAN	CIRCUS_1	FCMUS5
BELLAMBI	CONSTRUCTION	FCMUS6
BELLS_1	COUGH	FCMUS7
BELLS_2	COW_1	FCMUS8
BELLS_3	COW_2	FCMUS9
BELLS_4	CROWDRM	FCMUS10
BELLS_5	CROWD_MUSIC	FIREWORKS
BELLS_6	DIDGEDOO	FLAMLOOP



FOOSTEPS  
FOOTBALL  
FROGNITE  
FROGS\_1.WAV  
GAMELAN1.WAV  
GAMELAN2  
GAMELAN3  
GAMELAN4  
GAMESFX1  
GAMESFX4  
GEESE\_1  
GEESE\_2  
GROAN  
HEHEHE  
HELICOP2  
HELICOPTER  
HOOTNIGHT  
HORSE  
HOUSE\_1  
HOUSE\_2  
HOUSE\_3  
HOUSE\_4  
HOUSE\_5  
HOUSE\_6  
JUNGLENIGHT  
JUNGLE\_1  
JUNGLE\_2  
JUNGLE\_3  
LASERBLAST  
LASER\_2  
LASER\_3  
LAUGH\_1  
LAUGH\_2  
LION\_1  
LITEJAZZ  
MAD\_LAB1  
METAL\_DESTRUCTION  
MISSILE  
MONSTER1  
MONSTER2  
NOSEBLOW  
OHYEAH  
OOAAOOAA  
OOHYEAH  
OOLALA  
OPERA\_AH  
OWLS  
PAPERSRED  
PIANOOLD  
PIGS.  
PLANEWA2  
PLANEWAR  
PLAYERPIANO1  
PLAYERPIANO2

PLAYERPIANO3  
PLAYERPIANO4  
PLAYERPIANO5  
POP  
PSYCHOPIANO  
RACINCAR  
RAINJUNGLE  
RAIN\_1  
RAIN\_2  
RAINJUNGLE  
REGGAE 123  
REGNOKEY  
ROOSTER  
SCARYSINGING  
SEAGULL1  
SEAGULL2  
SEASIDE1  
SEASIDE2  
SEAWAVES  
SHEEP\_1  
SHEEP\_2  
SIREN  
SLURPSQUELCH  
SNORE  
SPIT  
SPLASH  
STRING3  
SUMMERJAZZ  
SWIMLAPS  
TALKING  
TENNIS  
THANK YOU  
THUNDER1  
THUNDER2  
THUNDER3  
TIGER\_1  
TIGER\_2  
TRACTOR  
TRAFFIC  
TRUCKSTART  
TRUCKS\_3  
TRUCK\_1  
TRUCK\_2  
TV\_SHOW  
UFOLANDING  
UFOSLOW  
UFOVISIT  
UFO\_1  
UFO\_2  
UFO\_3  
UFO\_4  
UFO\_5  
UFO\_6  
UTTEROT

VOMIT\_1  
VOMIT\_2  
VOMIT\_3  
VOMIT\_4  
VOMIT\_5.  
VOMIT\_6  
VOMIT\_7  
VOMIT\_8  
WAR  
WAVESBOAT  
WHALES  
WHOACROWD  
WIND  
WOBBLE  
WOLFHOWL  
\_DEMO001  
\_DEMO002  
\_DEMO003  
\_DEMO004  
\_DEMO005  
\_DEMO006  
\_DEMO007  
\_DEMO008  
\_DEMO009  
\_DEMO010  
\_DEMO011  
\_DEMO012  
\_DEMO013  
\_DEMO014  
\_DEMO015  
\_DEMO016  
\_DEMO017  
\_DEMO018  
\_DEMO019  
\_DEMO020  
\_DEMO021  
\_DEMO022  
\_DEMO023  
\_DEMO024.  
\_DEMO025  
\_DEMO026  
\_DEMO027  
\_DEMO028  
\_DEMO029  
\_DEMO030  
\_DEMO031  
\_DEMO032

## APPENDIX 4: SAMPLE LIBRARY BY CATEGORY

The samples are organised alphabetically on Soundbeam's SD card. For ease of identification and retrieval they are arranged here in subsets based on various themes. Note that some sounds can work well in more than one category. For example, a lot of the *bell* samples have an exotic or 'ethnic' feel, the *applause* sounds in the 'human' category can also work well in 'sport', *fireworks* in 'festivals', etc.

All samples which start with a number are rhythm loops. The number refers to beats per minute (BPM) of the loop.

### **BACKING** **TRACKS/DRUM** **LOOPS:**

110disco  
110herts  
110tincn  
115egbas  
115egbs  
115egbs3  
120art  
120egfd2  
120eggfd  
120eglp3  
120eglup  
120flftb  
120Fulft  
120Sqelch  
120Upbeat  
124beat  
155Hardy  
75aTabla  
75bTabla  
75cTabla  
75dTabla  
75eTabla  
75fTabla  
75gTabla  
88Crunch  
88Sweet  
91Glitch  
98bleep  
98drunk  
98dubble  
98Rhodes  
98scratch  
98sqelch  
ARABIAN  
BLIPBLOOP  
BTAPRIL

BTATUNE4  
BTBREEZE  
BTCHOIR  
BTCLSKY  
BTDISCO  
BTDUBSTEP  
BTHUMAN  
BTMANDOLIN  
BTEURO  
BTGANGSTA  
BTGROOVY  
BTPIANO  
BTRAINY  
BTTULSA  
BTWILD  
DIGEDOO  
FCBASS1  
FCBASS2  
FCBASS3  
FCBASS4  
FCBASS5  
FCBASS6  
FCBIC1  
FCBIC2  
FCBIC3  
FCBIC4  
FCBIC5  
FCBIC6  
FCBIC7  
FCBIC8  
FCDRUM1  
FCDRUM2  
FCDRUM3  
FCDRUM4  
FCDRUM5  
FCDRUM6  
FCDRUM7  
FCMUS1  
FCMUS2  
FCMUS3FCMUS4

FCMUS5  
FCMUS6  
FCMUS7  
FCMUS8  
FCMUS9  
FCMUS10  
FLAMLOOP  
HOUSE 1-6  
LITEJAZZ  
POP  
REGGAE 123  
STRING3  
SUMMERJAZZ  
UTTEROT  
140HARDH  
140HIPHO

### **BELLS**

BELLAMBI  
BELLS 1-6  
BELLS BIG

### **CONFLICT SOUNDS**

MISSILE  
PLANEW 2  
PLANEWAR  
WAR

**ETHNIC  
SOUNDS/FESTIVALS**

CHANT  
CHANTING  
CHANT 2  
CHINESNY  
CHINES 1  
EHTNIC 1-2  
GAMELAN 1-4

**HUMAN SOUNDS**

AHH  
AHH-CLAP  
APPLAUSEL  
APPLAU>1-2  
CHICNKID  
CHOIRD>1  
CIRCUS-1  
COUGH  
CROWDRM  
CROWD>1  
EXCITED1  
FOOTSTEPS  
GROAN  
HEHEHE  
LAUGH1-2  
NOSEBLOW  
OHYEAH  
OOAAOOAA  
OOHYEAH  
OOLALA  
OPERA AH  
SNORE  
SPIT  
TALKING  
THANK YOU  
VOMIT 1-7

**ENVIRONMENT/  
NATURE SOUNDS**

BIRDS1-4  
BIRDTR-1  
BROOK  
COW 1-2  
CAT MEOW

DOGGRO>1  
DOG BARK  
DUCK1-2  
ELEPHANT  
FROGNITE  
FROGS1  
GEESE1-2  
HOOTNI>1  
HORSE  
JUNGLE 1-3  
LION 1  
OWLS  
PIGS  
RAINJU 1  
RAIN 1-2  
ROOSTER  
SEAGULL 1-2  
SEASIDE 1-2  
SEAWAVES  
SHEEP 1-2  
SPLASH  
THUNDER 1-3  
TIGER 1-2  
WAVES  
WHALES  
WIND  
WOLFHOWL

**SPORT SOUNDS**

CHANTF 1  
CHEERBIG  
CHEERS 2  
CHEERSB 2  
FOOTBALL  
SWIMLAPS  
TENNIS  
WHOACR 1

**INDUSTRIAL SOUNDS**

BIGTH 1  
BUSY-C 1  
CONSTR 1  
FACTORY 1-7  
METAL 1  
PAPERS 1

**SCARY SOUNDS**

MONSTER 1-2  
PSYCHO1  
SCARYS 1  
SLURPS 1

**SCI-FI SOUNDS**

BLAST 1  
EARTH PEOPLE  
LASERB 1  
LASER 2-3  
MADLAB 1  
UFOLAN 1  
UFOSLOW  
UFOVISIT  
UFO 1-6  
WOBBLE

**TRANSPORT**

CARRACE 1  
CAR REV  
AIRPLA 1  
HELICOP 2  
HELICOP 1  
RACINCAR  
SIREN  
TRACTOR  
TRAFFIC  
TRUCKS 3  
TRUCKS 1  
TRUCK 1-2

**MISCELLANEOUS  
SOUNDS**

DOOR  
FIREWORK 1  
GAMES FX 1  
GAMES FX 4  
TV SHOW  
PIANOOLD  
PL50FD1  
PLAYER 1-4

## APPENDIX 5: Wireless switches

Ideal for solo work and for group music making or story based activities, these switches can be moved around, shared and repositioned easily

Supplied in sets of 1-4 with option to add switches 5-8



- Turn on with on/off switch at back
- tap once to activate
- noiseless touch contact operation with excellent sensitivity
- range (line of sight) up to 20 metres
- 3 x AA batteries
- dedicated RF switch channels and colour coding

## APPENDIX 6: Sound Therapy research paper

### Living sound: human interaction and children with autism

*Phil Ellis / Lieselotte van Leeuwen*

#### Introduction

Annette is fourteen years old. She has very few self-help skills and cannot communicate with words. She can be a danger to herself and to other children who are smaller than she is, who lack self-confidence or are in any way vulnerable. Annette does not always co-operate with teachers and will often remain quite isolated. She has to be provided with a full-time carer throughout the school day.

Walking into her classroom at about the same time, on the same day each week, Annette will often see me, look up with a welcoming smile, get up from her desk or chair and almost run from the classroom to the library, the room where Sound Therapy sessions are always held. During the past two years Annette has chosen to use a synthesizer in her sessions with me. This is kept on a trolley, with two loudspeakers set at ear height. Annette sits down in front of the synthesizer, invites me to sit next to her at the keyboard, takes my hand and uses this to 'play' her music. This music has a beauty of its own: there is no tune, nor is there a steady beat or pulse, but the music clearly comes from inside the child and is deeply felt. After a time she indicates that she wants a different instrument to sound on the synthesizer. She does this by pointing to the panel on the top of the keyboard. I select another instrument which she has learnt to enjoy during previous sessions. She plays the keys again, but this is not the instrument she had in mind. I select another, and this time it is the right one. Again she plays her music, holding and using *my* right hand on the keyboard. After a time she turns to me, looks deeply into my eyes and smiles, her face about six inches from mine. No words have been spoken or sung – none need to be.

It was not always like this. Annette has Cornelia de Lange syndrome, a condition affecting perhaps one in 10,000 live births (Gilbert, 1996). She has physical mobility of a stilted kind, has severe developmental delay and lacks communication skills. Coming close to Annette can be hazardous for anyone wearing spectacles, as she may snatch them and throw them across the room. Annette enjoys music at home. She spontaneously went to the keyboard synthesizer in the initial sessions of Sound Therapy and through experimentation discovered the characteristics of a number of different sounds which are available. These range from percussion instruments to pizzicato-type sounds (harps, koto, plucked strings for example) to vocal sounds, traditional-sounding orchestral instruments, instruments which combine piano-type beginnings and sustained string-like endings, long drones which sustain even when a key is no longer depressed, and so on.

A two-year case study with Annette reveals clear progression and development. This falls into three distinct phases:

#### 1. Months 1 - 8

Solitary and individual exploration at the keyboard: there is a gradual development of different playing styles and responses to different instrumental characteristics and timbres.

Annette's initial approaches to the keyboard are experimental and exploratory. Over time she clearly develops several ways of playing and of responding to the different sounds. A slow sounding, sustained voice encourages her to play in a very contemplative way, for example – very slowly and carefully – whereas percussive sounds are played more staccato, with bouncy and vigorous movements, and not at all sustained. Her facial expression mirrors what she plays, indicating internal emotional response. A marked increase in eye-to-eye contact with me as an uninvolved observer, often accompanied by big open smiles suggests a desire to share, and possibly communicate her explorations.

#### 2. Months 9 - 18

During this phase, having invited me to sit beside her at the keyboard, Annette took my right hand and guided it, to play her own music, either by placing my whole hand on various areas of the keyboard, or by selecting my index finger to play specific single notes. There is a developing friendliness, and I am able to sit beside her safely and participate in her music in a passive way as I do not impose my ideas (musical or

otherwise) on her activities. There is a growing frequency of eye contact and smiling, all of which is reciprocated.

### 3. Months 19 - 24

The development of interactive duet playing, with 'question and answer' passages and expressive and responsive playing.

During this phase Annette frequently asks me to sit beside her at the keyboard. She controls my playing by moving my hands on the keyboard as *she* wants, and also by playing duets with me in an interactive and sensitive way. Although I allow her to lead most of the time, there are occasions where she will wait for me to play, and then make her response to that.

Annette often seems extremely well motivated in these sessions and is very engrossed in what she is doing for extended periods of time. Outside of Sound Therapy sessions it is very difficult to involve her in any type of activity. The Head Teacher observes that

“normally this young girl is not self motivated apart from aggression towards others or in manipulating people. She finds little enjoyment in life apart from her dolls, a little book, and occasionally somebody singing to her. In the environment provided by Sound Therapy we see the management of a very difficult child. When looking at the video of her sessions there is clear evidence of progress in behaviour, control, response and communication”.

There are frequent moments of real inner happiness or joy – the ‘aesthetic resonance’ which is a cornerstone of this approach.

Her mother described her observations towards Annette’s activities:

“it is very difficult to teach a child to play set pieces, especially children like Annette, and I think it’s nice that they can express themselves. I don’t think that there are any hard and fast rules as to what music should be. Providing that the person making the music is getting something from it, and they get obvious enjoyment from making their music, then I can’t see why they can’t just express themselves. It opens up a whole doorway for Annette, and because she’s got very limited speech it’s another form of expression. It’s a way of her expressing her feelings to other people”.

### **Sound as Therapy**

The above example of Sound Therapy in its early stages of development is representative of the response from children with severe learning difficulties (SLD), including those on the autistic spectrum. There are moments of inner delight shown perhaps through a wiggle of the shoulders, a smile, a light in the eyes. The importance of this ‘inner’ joy (Ellis, 1995), or ‘Flow experiences’ (Csikszentmihalyi 1992) – what I refer to as ‘aesthetic resonance’ – cannot be overestimated. Izard (1989) has identified three aspects which reinforce this importance, describing it as:

- a motivational force facilitating personal growth or self-actualisation:
- interacting with perception, cognition and action:
- creating openness and receptivity associated with intuition and creativity:

These aspects underpin the nature of Sound Therapy, its non-interventionist, non-invasive nature in practice, and its use of sound as the medium for experience and interchange. The approach has been developed over a number of years by working with a number of children with special educational needs. The therapy is grounded in a non-invasive philosophy of education in which the child is placed at the centre of learning activity. A carefully controlled acoustic environment is created within which children with severe learning difficulties (SLD), and profound and multiple learning difficulties (PMLD) have been able to take control of their world, sometimes for the only time in their lives, and gradually learn and develop a range of skills – physical, cognitive, expressive and communicative. This is made possible partly through the use of carefully chosen technology, through the creation of a special and highly controlled sonic environment, and through a focus on aesthetic resonance – the inner world of the child.

There is no need for the ‘therapist’ to be musically trained in any formal way, and indeed a traditional musical training can be a hindrance to this approach. All sound has musical (expressive) potential, and all people have sound as a fundamental experience of life. From the moment of birth to the time of death we are surrounded by sound. Even if we are deaf, we still experience sound as vibration. It is central to our human condition with a unique importance recognised in many different areas. (Goddard, (1996), Storr, (1992, 1972), Springer and Deutsch, (1998), Truax, (1984)). Sound Therapy utilizes this, and the ‘therapist’ needs to be open to the expressive potential of sound, to recognising responses, and to be able to change the Sound Therapy environment so as to maximise the effectiveness for any particular activity the child is enjoying. The development of this new approach has been well documented elsewhere, (Ellis, 1994, 1995, 1997), but the essential features are worth summarising here:

A prerequisite for Sound Therapy is a (small) room which is quiet and not too acoustically resonant. A crucial part of this therapy is silence. Unlike other approaches, the child is allowed to be silent, to be within silence itself. No ‘commentary’ is imposed by the therapist, no ‘interpretation’ in sound or ‘music’ of the therapist’s view of the child’s mental state is offered. If a child wishes to sit still and experience quiet this is respected. There have been numerous occasions where I have sat motionless in the Sound Therapy room for several minutes whilst a child also sits very still. During this period I rely on peripheral vision to observe, as making direct eye contact would be another form of intrusion. Only after such a period of stillness can some children become ready to communicate from within – and this communication may best remain ‘private’ at this stage. Any response from me could easily stop or even destroy the process. Being present at these sessions can be viewed as a privilege and the individual has to be respected at all times, without intrusive intervention on the part of an outsider.

### **Electrifying Sound**

Within the Sound Therapy environment there are three examples of sound (or music) technology which are essential:

a synthesizer as mentioned above, a sound processor and microphone, and a Soundbeam.

The Soundbeam (web site: [www.soundbeam.co.uk](http://www.soundbeam.co.uk)) has been available for a number of years. From April this year a new model has been released which greatly enhances the possibilities for working with children with disabilities. The Soundbeam sends out an invisible ultrasonic beam. Any physical movement which is made in this beam causes a sound to be ‘played’. Moving a hand or fingers in space can result in the sound of a harp, the sea, an ensemble of voices, or bells for example. As the instruments ‘played’ by the beam are available in the synthesizer, there are several hundred different sounds available for the child to explore and choose from. Limiting the therapeutic soundscape to a piano, cymbal and drum does not always provide for imaginative and sensitive response to sound. Moving in the Soundbeam can result in almost any timbre being played – a wide choice is available and so a set of sounds can be customised for each individual child according to their preferences, and not imposed from outside. The standard form of Western music – diatonic tuning, the ‘doh, ray, mi’ scale – which results when playing on a piano keyboard – is culturally laden, and may not accurately reflect a child’s needs. We can be expressive with this language, but the Western tonal system has to be learnt, including the acquisition of performing skills. Arguably such skills can be barriers to communication. Throughout the seven years of developing Sound Therapy I have used a whole-tone setting from the Soundbeam. This means that any note is as important as any other – there is no right or wrong – no pre-set, externally determined beginning or end. Again, the philosophy of non-invasion is being kept at the forefront.

A new research project, (CARESS) begun in January this year, is developing further possibilities through the development of new sensors to enable more direct, physical interaction to complement the beam itself (Web details: [www.bris.ac.uk/caress/](http://www.bris.ac.uk/caress/)). Some of these developments may well be applied to the work with autistic children in the future.

The use of the synthesizer has already been described above, but it is important to realise that this instrument need not ‘sound like’ traditional instruments, nor need it be played in conventional ways. Some of the available sounds have real beauty, but without any specific pitch. The black and white keys of the keyboard belong to a former era (dating from the 1700s), and each key is merely a switch to turn on different sounds, or different pitches. These switches can be operated by fingers, or by the forehead, chin, elbow, toe, or any part of the anatomy a child cares to use. There need be no ‘right or wrong’ way to articulate sound from a keyboard, only appropriate ways for the individual. It is possible, with synthesizers, to make most expressive

statements in sound by playing the keyboard in unconventional ways. New technology provides for variety of access and aural stimulation in ways not available when using conventional acoustic instruments.

### **Transforming Voices**

The sound processor is used for the development of vocal communication, providing a range of different acoustics which can encourage the use of the voice in different ways (see also Ellis & Laufer, 2000). The creation of specific acoustic environments through using a digital sound processor can be a powerful tool when working with children with special needs. Reverberation is a wonderful effect, encountered naturally in everyday life, and this can significantly affect both children and adults. For example, many people will change their normal behaviour and sing or hum when in an acoustically 'live' bathroom environment. If a group of young children are taken for a walk and go through a tunnel, when in this reverberant space they will naturally vocalise, explore many different ways of making sounds and listen with enjoyment and delight. On a more fundamental level, take a very young child into the acoustic provided by an empty cathedral or abbey. The first time this is experienced can be revelatory, with the child being delighted and entranced by the results of sounds received, made and subsequently transformed by the acoustic environment. The attention span is likely to be extended significantly and the child may well become totally absorbed in this soundscape. We may also see signs of the aesthetic resonance which underpins Sound Therapy in changes in facial expression and body movement. Many adults will be indifferent, unmoved, unaware or non-responsive to such changes in sound. It is a sad reflection of the desensitising effects which can be observed as a result of our noisy world, and the general quality of life and experience is often sadly diminished.

Happily many children and young people still retain a naive or spontaneous response to such aural phenomena, and the use of reverberation, delay (echo) and other transformations form an important and powerfully effective part of Sound Therapy. These, and other 'effects' can be easily achieved through the use of a sound processor when used in conjunction with a microphone. The quietest vocalised sound, the smallest nuances, can be captured and become powerfully expressive, and also be given a high volume level if required. This can lead to the enhancement of self confidence, simultaneously enriching the expressive and communicative capability of the individual. The environment itself becomes a 'live' part of the communication in which the child has control of greatly extended and enhanced expressive vocal capabilities.

I have stored six programmes in a sound processor for use in this project:

Programme 1 reproduces the acoustic of a large hall and has a reverberation time of 19 seconds, the maximum possible with the equipment. Accordingly, even very short sounds will be extended over long periods of time, slowly dying away. The development of keen listening skills and aesthetic response is often clearly visible when using this programme.

Programme 2 is a simple delay programme. It is designed to give approximately 5 repetitions of any sound, each one being quieter than the last. This five-repetition cycle repeats a few times, each cycle being quieter than its predecessor.

Programme 3 is a fairly complicated pitch shifter. This means that a single sound is transposed to form a chord and there is in addition a slight delay function so that if a short sound is made this is transposed ever upwards fairly rapidly through a delay pattern. If a sustained vocal sound is made then a chord builds from the bottom up. When the sound stops it disappears in an ascending sequence.

Programme 4 is also a pitch shifter but without any delay. It is acoustically very 'dry', having no reverberation or delay characteristics. Because of this it only sounds when somebody is using their voice. Therefore if the resulting effect is pleasing, vocal sounds have to be made in 'real time'. As there is no repetition or reverberation to listen to, this tends to encourage an increase in vocal activity and can be particularly effective when interacting with another person. It can lead to the development of inflection, control of pitch and volume, and also to the exploration of more sustained vocal activity and timbral changes, as here the results of making long sounds are more powerful than short sounds.

Programme 5 is a long delay pattern having a delay time of 2000 milliseconds (in other words a 2 second delay). The 'feedback' control is set so that there is no reduction in volume. The result is that all sounds repeat every 2 seconds and will continue to do so without becoming quieter. It thus becomes possible to



easily build up very large and complex textures, to explore 'question and answer', humour, and other qualities through inflection, volume, pace, use of vowels, phonemes, etc.

Programme 6 is a multi delay setting. In this a rhythmic pattern lasting perhaps four seconds is created from a single sound. An additional feature is the stereo result, with rapid oscillation of sound between left and right loudspeakers, effectively exercising the neurological hearing mechanism.

Using a microphone and sound processor is of course far more interactive than the individualised activities using the Soundbeam and synthesizer. Nevertheless, the 'therapist' has to always adopt a listening mode wherever possible, allowing the child to initiate, listen, respond, express, and carefully resist the temptation to dominate in any way. Communication skills can be developed without the use of words. Indeed, the amount of meaning communicated between people in normal conversation is interesting: about 35-40% of meaning is taken from the words themselves with the remainder coming from use of inflection, volume, pace, timbre, physical gesture and body language. These latter attributes provide a telling focus to the work with non-verbal, as opposed to non-vocal, means of communication (Philipott, Feldman and McGee, (1992), Vargas, M.J. (1986)).

### **Feeling Sound**

The remaining aspect of Sound Therapy is exploiting the physical vibrations which are caused by sound. Vibroacoustic Therapy is a relatively new area of research (Wigram, Saperston and West, (1996), Wigram and Dileo (1997), Williams, (1997)), and for the last two years aspects of this therapy have been introduced into the Sound Therapy environment. A Soundbox (also produced by the Soundbeam Project) measures approximately 4 feet by 3 feet, being about 6 inches deep. Inside is a resonant cavity below which are two loudspeakers. The base of the box contains sound absorbing material so that all the energy from the loudspeakers is directed to the upper surface of the box.

In Sound Therapy sessions this box is connected to the amplifiers used, resulting in all sound made by the synthesizer, the Soundbeam or from the sound processor not only being heard through the loudspeakers, but also being felt as vibrations from the surface of the Soundbox. Standing or sitting directly on the surface of the box or sitting in a chair or wheelchair placed on the box means that any sound will be heard as normal, and also 'felt' throughout the body. This provides an additional powerful physical and psychological stimulus. You not only hear your own voice, or the sounds you are controlling through physical movements, you feel them directly as well. You are enveloped in a bath of sound, and cause and effect is significantly reinforced. This additional stimulation, caused only by the individual involved in Sound Therapy, is proving to be highly effective across a range of disabilities, including the autistic child.

### **Research Methodology**

As every child with special needs is unique, great care has been taken to record and analyse data from the field in order to substantiate claims made with regard to the value of Sound Therapy. A longitudinal, qualitative research tool, *Layered Analysis* (Ellis, 1996a), has been developed as a way of disassembling video recordings made over several months, and reassembling the data in order to reveal a picture of developmental progression. By identifying particular physical movements, patterns of responses, or qualities of sound which provide a clear response in a child, it is possible to extract only data relevant to one particular phenomenon and to assemble a sequential account of that aspect of activity. Looking at several such 'layers' reveals a clear picture, providing an unambiguous and detailed record of developmental progression in various previously identified modes. In summary, the methodology involves:

1. recording on video each session of Sound Therapy;
2. copying extracts from each child's session onto a 'master' tape, so gradually building up a picture of behaviour for each individual. These tapes provide particular focus regarding significant or repeating/developing patterns of behaviour;
3. identifying different types of behaviour, reaction or response and occasionally isolating these. Developments over a period of months can be studied separately and in chronological order, and a detailed and comprehensive picture can be reassembled.

4. selecting only one extract every month or so from the available tapes and assembling these on another tape to create a sequence of 'snapshots' which can show progression most clearly. We can view four years' activity in perhaps ten minutes, and this focused compression of data can be very telling.

Evaluation of this data has been achieved by focusing analysis under a number of headings (first published in Ellis, 1994). These headings were devised for the work with children with SLD and PMLD:

- from involuntary to voluntary
- from accidental to intended
- from indifference to interest\*
- from confined to expressive\*
- from random to purposeful
- from gross to fine
- from exploratory to preconceived\*
- from isolated to integrated\*
- from solitary to individual\*

These headings encapsulate the overall picture of development for each individual. Every child is different, and children have responded to Sound Therapy in different ways, according to their individual personalities and abilities. From this list, perhaps those marked \* might be the most appropriate for evaluating behaviour with autistic children. Revisions and refinements will be made as more data become available.

### Case study

John is a 13 year old boy who has been diagnosed as being severely autistic. In addition he has severe learning difficulties and developmental delay associated with hypotonic muscles, first recognised when he was 5 months old. He requires an individually planned educational programme to help him develop skills in all areas: physical, social communication and cognitive. He needs to be helped towards developing some independence.

As a focused case study into the effectiveness of Sound Therapy with this condition, John attended sessions for more than 6 months during 1999. Prior to the programme he was very tense, would grip people and objects with some ferocity, would make little eye contact nor show much concentration or co-operation. There were not many smiles in evidence. His walking gait was very stiff-legged and he would need constant encouragement both to walk, and also to leave objects untouched as he moved along corridors.

For these sessions two chairs were placed on the Soundbox, one for John and one for the therapist. All sounds made in the session, either through the sound processor and microphone, or generated from the Soundbeam, were both heard aurally and also experienced as vibration through the chairs. Significant feedback is thus experienced with every sound being felt physically and quite distinctly.

The positioning of the Soundbeam itself is of interest to this case study. With SLD and PMLD children the best place to focus the beam has been always on the back of the head. In experience with a number of autistic children (see below) the best place seems to be for the beam to be pointing towards the chest, face or the front/side of the head. The reason for this remains obscure, but observing many sessions with autistic children, and trying several different beam positions, placing the beam in front, and slightly to the side of the child invariably seems to be successful.

At his first Sound Therapy session he was in a very, very disturbed, tense almost aggressive state and it was an achievement to get him to leave the classroom. The sessions were held in another room some distance from his classroom, but having arrived he stayed for over 18 minutes – a significant achievement. There was quite a lot of lateral head movement and almost hyper-ventilation in this session and he seemed very tense at moments. But there were also moments of smiling and laughter, and these were interesting as this response was not common. He became extremely tense when we arrived back in the classroom at the end of the session.

Two weeks later he was very willing alert and happy during the session, which lasted for 20 minutes. There were lots of smiles and laughter, lots of vocalisation, eye contact and controlled physical movement as well.

Another month later and John seems to be developing a much more receptive approach to the sessions. He clearly anticipates the Sound Therapy time when collected from the classroom and often stands up from his chair with little or no 'encouragement' being needed. This is unusual for him, and shows a high degree of motivation. Sometimes there are also smiles and deliberate eye-contact when I arrive to collect him. Walking from the classroom to the Sound Therapy room has also become far less of a trial. Whereas at first his gait was very stiff-legged and awkwardly slow, progressively he walks more smoothly, with a flowing gait. Also, at first he would grip my hand with real force, quite painfully too, and try to tear pictures from the walls. This too gradually became less of a feature of his behaviour, and progressively he would hold my hand in a more 'normal' way as I led him to the room where we would work.

This growing relaxation and positive behaviour was increasingly mirrored during and beyond the Sound Therapy sessions. For example, in the fifth month prior to one session John had been very distressed during his lunchtime. He had been crying and was generally showing signs of discomfort and unhappiness. However he was quite acquiescent when he sat on the chair on top of the sound box ready to start the session. He quickly became quiet and seemed to have less difficulty with his breathing, particularly when the sound beam was turned on towards the end of the session. At the end of the session he patted the chair that I had been using and when he was told it was time to go he stood up and walked out without any fuss. He seemed a lot quieter, calmer and less troubled than before the session, and this mental state did not change significantly when he returned to his classroom.

Since starting Sound Therapy sessions Jack has made progress in a number of areas. Often when walking to and from the library he will now walk almost normally for a few steps rather than with stiff legs. He will be more cooperative on these journeys, holding one of my hands and without the painful grip of early times. During the sessions he has shown an increase both in eye contact and smiles. He will vocalise on occasion and clap his hands with evident pleasure. He is also showing increasing interaction with the Soundbeam through controlled and deliberate physical movements. There seems to be an increasing awareness and subtle interaction throughout the session. These changes in behaviour have been noticed beyond the Sound Therapy sessions where there has been an increase in eye-contact, in smiling, responding to others, more relaxed physical movements and an increase in co-operative behaviour.

### **Observing change from the perspective of developmental psychology**

The introduced concept of sound therapy requires methods of data analysis, which allow describing emerging patterns of behaviour and discovering the space for potential development. Since one goal of sound therapy is to scaffold self-discovery as a process controlled by the child, the direction and kind of change is not pre-determined by the therapist.

The Sound beam environment offers potential for a wide spectrum of action and interaction. In the beginning incidental movements lead to changes in sound. Becoming aware of the mutuality between action (e.g. head movement) and perception (hearing the sound) forms the seed and the cause for action control and with this the seed for self-awareness. Body movement becomes the means to a goal chosen by the child him or herself.

Through the years of intensive work in Sound Therapy behavioural changes became observable in the areas of

- Movement control
- Social interaction
- Expression and spectrum of emotions
- Attention span and focus
- Nesting of actions into higher-level units

Being able to describe those changes in the framework of developmental psychology will on one hand help to validate sound therapy as a method and on the other hopefully contribute to its refinement and deeper understanding of ways it can trigger self discovery.

### Description of change

From the wide spectrum of concepts describing developmental processes we have chosen those that describe development as

- a changing relationship between an individual and its physical and social environment
- a participatory process
- a process of co-regulation
- a dynamic and non-linear process

Our efforts are imbedded in the work of numerous scientist but mainly by the works of Alan Fogel, Elenor & James Gibson, and Lev Vygotsky.

A main source of inspiration for our approach is the relatively young field of infancy research. Infants challenge our perception and communication skills because their action capacities differ largely from ours. In order to describe and understand early developmental processes we need to be able to observe the emerging relationship to the world around them in terms of their own action capacities. This claim holds very strongly for any understanding of change in severely disabled children or adults. Sound Therapy gives us the opportunity to support and become aware of the emergence of new relationships between disabled children and their sounding environment – the development of new action capacities.

Alan Fogel (1993) proposed three levels of describing change in the area of infant-mother interaction:

#### Level 1:

Local changes in the performance of movement patterns, which don't change the basic structure or outcome of this action. *Example: grasping an object is performed every time it happens slightly differently but the overall structure and outcome of grasping is the same.*

#### Level 2:

Qualitatively new action structures for achieving already existing goals. *Example; being able to grasp a cup with one hand instead of two.*

#### Level 3:

Qualitatively new action structures which expand the action system towards new goals. *Example: being able to walk as compared to crawl.*

The three levels describe the influence new emerging patterns of action can have for the functioning of the entire action system of an individual. In the context of sound therapy changes at Levels 1 and 2 are observable within the therapy sessions. Level 3 changes, however, extend towards more general action patterns outside the sessions.

In the following we'll demonstrate our way of working with an example of one case of a severely autistic child.

### Awakenings of communication – Describing change in Sound Therapy with John

Symptoms of Autism in John:

- Very little eye contact
- No language
- Vocalization infrequently and only as negative expression
- Very infrequent laughter
- Non co-operative behaviour
- Extremely stiff gait
- Body movements are stiff and clumsy
- Patterns of breathing in and out are extremely unbalanced

The symptoms become expressed in different aspects of behaviour. Accordingly, their change needs to be described along those different aspects (See Table 1 for an overview). Note that this description is specific for autistic symptoms of John. For another autistic child or a child with different difficulties the symptoms as well as their appearance in the different aspects of behaviour might be different.

**Table 1:** John's autism symptoms and their change according to aspects which allow us to observe behavioural change at three levels (see text for further explanation).

Aspects of behaviour	Initial symptoms of John's autism	Changes	Level of change
Movement control	<ul style="list-style-type: none"> <li>▪ Extremely stiff gait</li> <li>▪ Body movements are stiff and clumsy</li> <li>▪ Patterns of breathing in and out are extremely unbalanced</li> </ul>	Episodes of relaxation	3
		Episodes of smoother and more integrated movements	3
		Periods of balanced breathing	2
Attention span & focus	Focus mainly self chosen;  Guided focus only incidental and short	20 minutes (sometimes longer) of focused attention in the session	2
		Guided attention	3
Social Interaction	Very little eye contact No language Vocalization infrequent and only as negative expression  Non co-operative	Increasing eye contact Vocalizations with positive expression	2
		Co-operative Responsive Engaging episodes	3
Spectrum and expression of emotions	Occasional laughter in one-to-one situations Anger, high level of disturbance	Smiling and laughter increased	3
		Intended vocalizations	

### Goals of the analysis

- a) Validation of Sound Therapy as a means to expand the possibilities for action and interaction of disabled people.
- b) The analysis can serve as a basis for investigating potential areas of increasing self awareness, action control and expression. We'll explore the possibility to describe the space for proximal development within those areas for an individual child.
- c) At the same moment the analysis provides requirements for expanding the sound system according to the needs of long term Sound Therapy .

### Kuwait Autism Centre

Although children with various degrees of autism have been involved in the development of Sound Therapy, the opportunity to work exclusively with autistic children in Kuwait, albeit for a short period of time, was very welcome. It provided the opportunity to evaluate the potential for this approach, particularly as all the children involved were from a very different cultural background. During 1999 I was invited to work for one week with a number of severely autistic children in Kuwait. It was possible therefore to see each child on a daily basis, providing an intensive Sound Therapy experience as usually sessions are given weekly in England. The Kuwait Autism Centre was established in 1995 by the Director of the Centre Dr Samira Abdul Latif Al-Saad. The education centre programme seeks:

- to develop student's communication skills, social relationships and self-reliance;
- to develop an environment to accommodate with the student's weak points;
- to develop co-operation with parents;
- to instigate regular testing and measurement for individual training;
- to establish a systematic education;
- to recognise and identify latent and emerging skills and further develop these;
- to introduce behavioural and cognitive treatment.

The centre is located in a suburb of Kuwait city and has up-to-date equipment and facilities providing an educationally appropriate and stimulating environment with a team of caring teachers and support staff.

There is a regular programme of visiting specialists and experts from abroad who sometimes work with the children alongside teachers. The school therefore keeps abreast of current and innovative developments in the field of education and autism, and my invitation was part of this programme..

My visit was for eight days during which I, and staff at the school, were able to evaluate the potential for Sound Therapy in a specialist environment for autistic children. I took with me a sound processor and microphone and the Soundbeam. It was not possible to transport a Soundbox for this visit.

A small room was made available for the therapy sessions. I placed the Soundbeam and sound processor on a table, with amplification and loudspeakers (at ear height) placed on shelving behind the table. Two chairs (for myself and the child) were placed in front of the table, facing the loudspeakers. An observer (usually a teacher) was present throughout, and most sessions were recorded on video tape. There were many challenges here. The children were all diagnosed as severely autistic and this was relatively unknown territory for me. Also, the cultural differences were significant and although great care is taken to make the sound world of the therapy as culturally neutral as possible, this was a real test of the theory that sound is a universal medium of communication and expression. The techniques of music are used, and the stuff of music itself – sound – is the medium, but stripped of traditional or cultural ‘musical markers’.

### **Pilot Study**

Eleven children were seen during the week, most on a daily basis. Of these, one child was unresponsive and only attended two sessions. It was then felt that it would be more productive for his time to be used by another child. There is no one way which is suitable for all, and although Sound Therapy has proved to be powerfully effective for many people, there are those for whom other approaches will be more suitable at any given time.

The vast majority of the remaining children were very responsive to the sound processor. Real delight, shown through facial expressions, laughter and extended vocalisms resulted from many of the programmes used, and eye contact, some beautiful facial expressions, and keen and sensitive listening were not uncommon. There is clearly considerable scope for developing the many vocal techniques used in communication, together with accepting and feeling comfortable with the physical presence of another person. A ‘language barrier’ did not exist in these sessions, and one boy took my hand and moved it towards the sound processor when he wished a new programme to be selected.

The Soundbeam sensor was positioned so as to point at the chest area of the child sitting next to me. By varying the length of the beam itself, any rocking movement from the child would result in sounds being changed (in pitch). The sound module being used gave me a wide range of instruments to choose from, and again children’s responses were often of amazement, delight and happiness. Waving a hand in the beam was also another instantly successful way of controlling, exploring and delighting in sound, this delight being revealed through smiles, vocal responses, and repetition of movements to play the sound. A highlight of these sessions was on the last morning, when one boy kept moving into the beam (with an echoing marimba as the instrument sounding) and then hiding his face in my shirt front. When the sound stopped he would look up, smiling, then repeat the process. This continued for several minutes to his obvious delight, with my only regret being the tape having run out in the video recorder.

There is not space to describe the sessions in detail, but there was real potential for development for many of these severely autistic children. Recently the Centre has purchased the equipment needed for Sound Therapy and a room is being set up in the school. A long-term programme of monitoring the effectiveness with these children will then become possible.

### **Conclusion**

Autism presents many challenges for children, teachers, parents and carers alike. The severely autistic child’s mind is not ‘turned off’. In a recent television broadcast it was likened not so much as having a light switch with on / off positions, but rather like having a dimmer switch which can gradually increase levels of perception, interaction and communication. No one approach can offer a magic cure for autistic children. Sound Therapy appears to have some beneficial effects – it may be a key to open the door, to turn the dimmer switch and provide more illumination which can then lead to further progress in other aspects of their educational experience. This is the task for the future – to explore potential, to develop techniques which seem effective, and to monitor carefully and evaluate the results of this work.

## TROUBLESHOOTING

### No sound is coming out

- Check the power is on.
- Check that the speakers are connected (and if using powered speakers via the 'line out', that these are on and turned up).
- Check volume is turned up ( **volume** button) and then page left for individual beam and switch volumes, then left again to internal synth volume. This should be at 100%.
- Check to see that the sensors are connected and a red light flashes on the Soundbeam when you move in the beam.
- Try selecting Soundset 1 and press **confirm** and then move in beam to see if it now works.
- Check the internal midi routing (to the soundchip etc.) by pressing the yellow **MIDI** button. The display screen should then read:

**MIDI Set up Midi to (global) nt+1+2+USB**

if it doesn't say this use the **+** or **-** buttons to select **Int+1+2+USB**.

### Sensor triggers when there is no obvious interruption

Adjust position of sensor, avoid aiming at reflective surfaces, even if they are further away than the beams set range, as it can still be affected beyond the active section. Restart unit while sensors are plugged in.

### Sensor 'ticking' sound is loud at short range

Check that ALL four sensor ranges are below 1m, even if other sensors are not connected. Restart unit while sensors are plugged in.

### Sensor doesn't trigger sound under 30cm away from it

The sensors have been designed to have this blank area for chord clearing (see p.37).

### The sensors emit a loud buzz – it gets louder if the beam is above 2m.

As the sensors active range is increased, it needs more energy to work properly and this in turn makes the ticking sound louder.

### Sample record is very quiet

You may need to increase the input volume and global volume (see p.43).

### Session record is very quiet?

You need to increase the global volume (see p.43).

### Can't find the sample I just recorded

The sample will be listed at the end of the sample library. The next time you power on the Soundbeam, it will be listed alphabetically/numerically in the sample library.

### Delete a sample/session

Press **F1** then page right and follow instructions (see p.45)

### Sample is not recorded

If this happens the most likely cause is that there is no further memory available on the SD card. Identify any session recordings or samples which are no longer required and delete them (select sample, press **F1** then **→** twice, and **confirm** as prompted).

### Can't play back the sample I just made

- Try pressing the **preview** button
- Select the beam or switch you want to play it back on (see p.45 no.6)
- Press **note sequence** button, use **↑/↓** keys to select no. 29:

**Sample Note C3**

- Check Transpose is set to 0
- Check Start Note Sequence is set to 1 by pressing **divisions** button and paging right (see p.38).

### Midi doesn't get to external computer/sound module

Check the internal midi routing (to the soundchip etc.) by pressing the **MIDI** button, display screen should then read:

**MIDI Set up - Midi to (global) Int+1+2+USB**

If it doesn't say this use the **+** or **-** buttons to select **Int+1+2+USB** (see page 42).



### **Chord clear doesn't work**

Try increasing the **start at** range setting to 30cm and increase **end at** to greater than 70cm (see p.33).

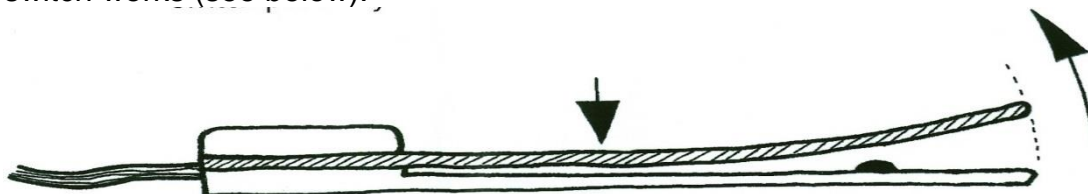
### **Wireless switch doesn't work**

Tap the switch once to activate, if this doesn't work – switch off Soundbeam and switch on again, select Soundset 1 and tap the switch again, you should see a small green light on the switch illuminate when you touch the switch.

When you touch the switch look for the corresponding red LED light flashing on the Soundbeam, you should also hear a sound. If this fails, change the batteries (3xAA cells) in the switch .

### **Low Profile (Mike Ayres) switch doesn't click/work**

To remedy this, simply press your thumb down firmly on the middle of the plate whilst pulling the end up with your fingers. Flex the plate a few times until the switch works (see below).



### **When I change the volume of switch 3, switches 5, 6, 7 also change**

Because all these switches are assigned to the same midi channel (see p. 42). To enable individual volume control, change midi channel for switch or beam.

### **When I play the sample on switch 3 – the sample on switch 2 stops**

If you already have a sample playing on switch 1, the above will happen as you can only have up to two samples playing at the same time.

### **When the beam is at 3.5m or so it doesn't pick up my movement**

As this is at the very edge of the sensors playing range, it will play best with larger, bolder movements.

## GLOSSARY

Terms used in this manual.

### Chord clear

In any of Soundbeam's *sustain* trigger modes, interruption of the chord clear area between the sensor and the range 'start at' point will silence the sound.

### Divisions

This refers to number of separate notes or chords available on a given switch or beam. A divisions setting of 1 on a beam will give one note regardless of the length (range) of the beam or where it is interrupted along its active length. A divisions setting of, for example, 5 will make 5 notes or chords available to be played either sequentially (cyclic trigger), together at the same time (sustain) or with continuous movement in the beam (multi) (see *Trigger modes*).

### Feedback

Audio feedback (also known as the Larsen effect after the Danish scientist, Søren Larsen, who first discovered its principles) is a special kind of feedback which occurs when a sound loop exists between an audio input (for example, a microphone or guitar pickup) and an audio output (for example, a loudspeaker). Most audio feedback results in a high-pitched squealing noise familiar to those who have listened to bands at house parties, and other locations where the sound setup is less than ideal. Usually this occurs when live microphones are pointed in the general direction of the output speakers.

### Loop

Samples may be "looped" by defining points at which a repeated section of the sample starts and ends, allowing a relatively short sample to play endlessly. The default setting for the loop points are 0% (start at) and 100% (end at).

### MIDI (Musical Instrument Digital Interface)

An industry-standard protocol defined in 1982 that enables electronic musical instruments such as keyboard controllers, computers, and other electronic equipment to communicate, control, and synchronize with each other and to exchange system data.

### Note sequence

A series of notes and/or chords.

### Pentatonic scale

A pentatonic scale is a musical scale or mode with five notes per octave in contrast to a heptatonic (seven note) scale such as major and minor scales. Examples of use of pentatonic scales include Celtic folk music, Hungarian folk music, West African music, African-American spirituals, Gospel music, American folk music, jazz, and American blues music.

**Polyphony**

The polyphony value when assigned to a beam or switch will govern the maximum number of notes which can be played at the same time using that beam or switch.

**Range**

Defines the active length of a beam, 'start at' being the point closest to the sensor at which sounds will be triggered and 'end at' being the point furthest from the sensor at which sounds will be triggered.

**Sample**

Sounds recorded using microphone or loaded onto SD card using a computer. A reference centre pitch (true note/root note) indicates the actual frequency of the recorded note.

**Semitone**

A semitone is the smallest musical interval commonly used in Western tonal music.

**Session** (recording)

In Soundbeam, a *session* recording (as opposed to a *sample* recording) will contain everything played on all beams and switches during a performance, line in/microphone is also captured during a session recording, The recording is stored as a 16bit stereo WAV file on the SD card. These files can be transferred to computer using an SD card reader / adapter.

**Soundset**

An assembly of between one (for example for one beam) and twelve (for four beams and eight switches) musical or sampled parts either preset or user composed which allow for ensemble or group play using musically or thematically compatible parts.

**Transpose**

In music, transposition refers to the process of moving a collection of notes or chords (or a combination of both) up or down in pitch by a constant interval, thus shifting a melody, a harmonic progression or an entire musical piece to another key, while maintaining the same tone structure, i.e. the same succession of melodic intervals.

**Trigger Mode**

This defines the various ways in which sounds are triggered using beams (e.g. towards/away/across) and switches.

**Whole tone scale**

The whole tone scale has no leading tone because all tones are the same distance (two semitones) apart.

## CREDITS

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